

בחירת טיפול מכין להשתלת מח עצם מתורם

סיגל גריסרו

המחלקה להשתלות מח עצם

הדסה עין כרם

conditioning regimen → Two functions:

- Reduce the tumor burden—when the disease is neoplastic
- suppress the recipient's immune system, to allow engraftment of donor's stem cells

Traditionally- these goals have been achieved by:

Supra lethal doses of total body irradiation (TBI) and chemotherapeutic agents.

Graft-Versus-tumor [GVT] effect:

Immunologic reactions of donor cells against malignant host cells

- Reduced-intensity Conditioning -RIC
and Nonmyeloablative - NMA conditioning regimens
- HCT applicable to older and medically infirm patients.

How to choose....

Conditioning regimens choice is influenced by:

Patient related factors:

Age

performance status

comorbidities

Disease related factors:

Malignant/non malignant

disease risk

remission status

disease sensitivity to GVT

Roles of the conditioning regimen before HSCT

Eradicate
Malignant
cells

DISEASE CONTROL

Eradicate
host hematopoiesis
Suppress host
immunity

ENGRAFTMENT

Challenge:
Limit toxicity
Max efficacy

RIC / MAC

Roles of the graft

Graft-versus
tumor

DISEASE CONTROL

Restore donor's
hematopoiesis
Graft-versus host's hematopoiesis

ENGRAFTMENT

Conditioning regimens characteristics to consider :

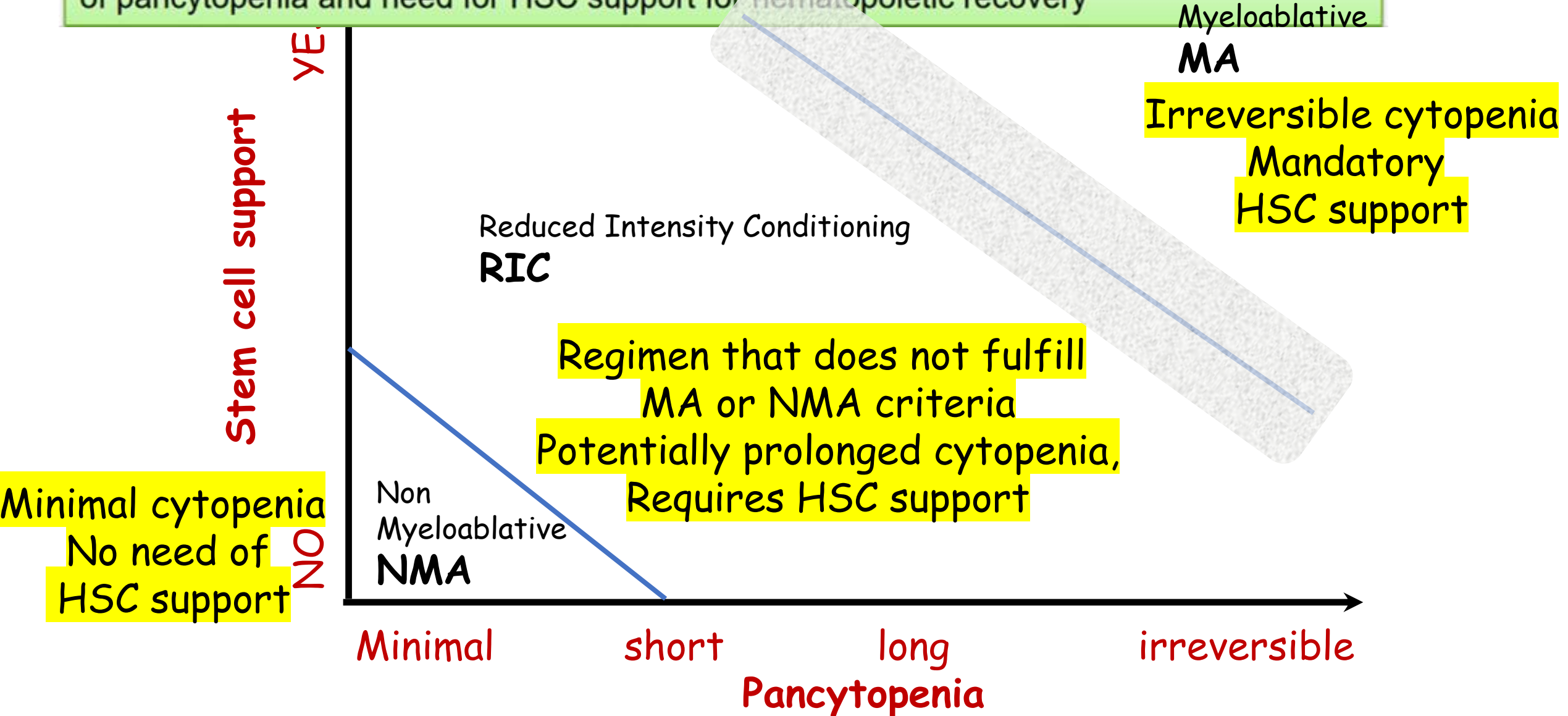
- Intensity = MAC/RIC/NMA
- TBI /non TBI
- GVHD prophylaxis
- Myeloablation / immunoablation

Conditioning regimens characteristics to consider :

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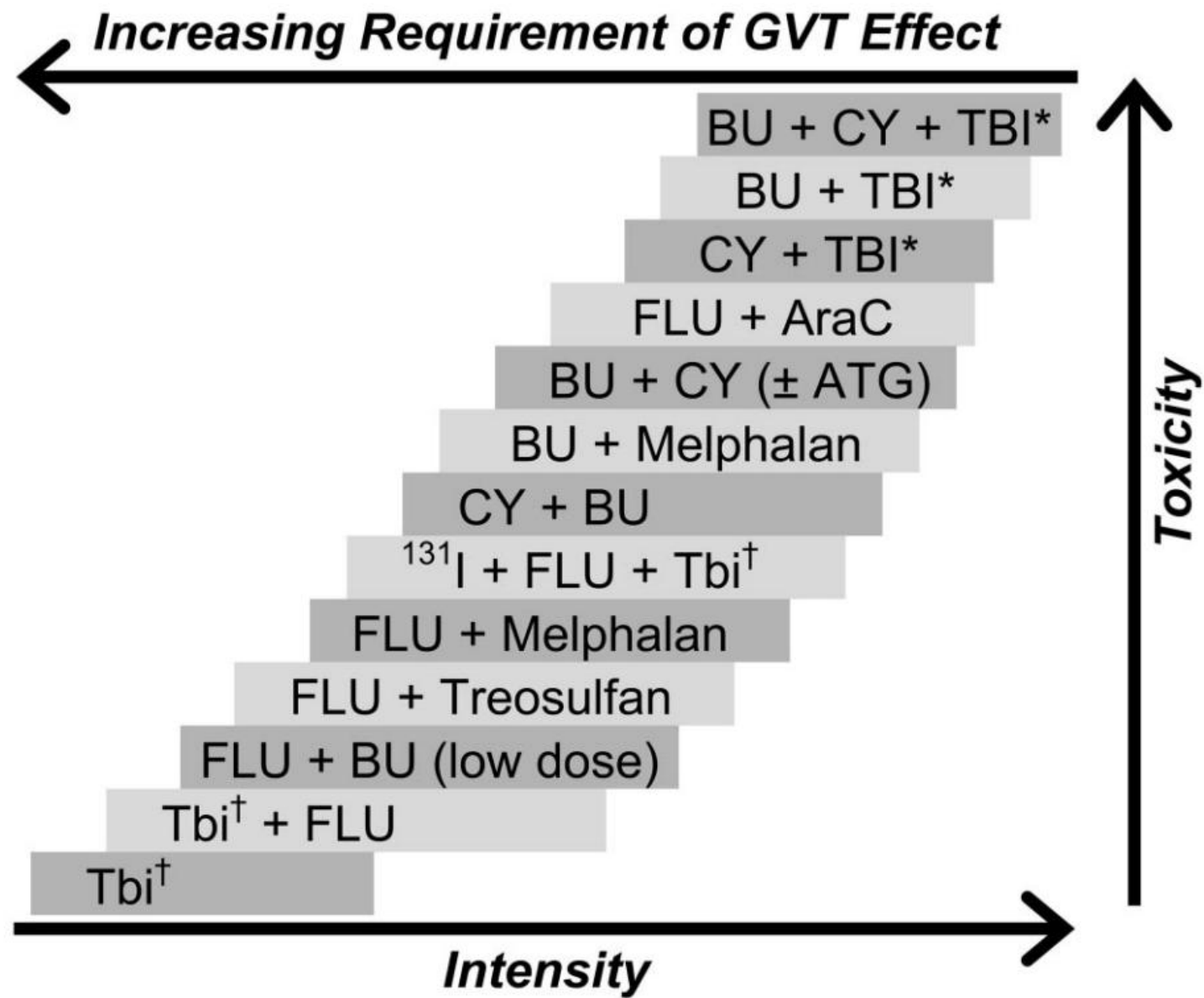
Regimens Intensity Definition:

Operational Definition of CONDITIONING INTENSITY is based on the expected duration of pancytopenia and need for HSC support for hematopoietic recovery



Myeloablative Conditioning - MAC	Reduced Intensity Conditioning – RIC & Non Myelo Ablative NMA
TBI >5 Gy (single) or >8 Gy (fractionated)	TBI ≤5 Gy (single) or TBI ≤8 Gy (fractionated)
Busulfan (BU) >7.2 mg/kg IV (or >9.0 mg/kg PO)	BU ≤7.2 mg/kg IV or ≤9.0 mg/kg PO
BU >300 mg/m ² IV (or 375 mg/m ² PO)	BU ≤300 mg/m ² IV or ≤375 mg/m ² PO
Mel >150 mg/m ²	Mel ≤150 mg/m ²
Thiotepa (TT) ≥ 10 mg/kg	TT < 10 mg/kg
Treo sulfan (Treo) >30,000 mg/m ² (or >30 g/m ²)	Treo ≤30 g/m ²

rely on
GVT effect



Selected conditioning regimens of different dose intensities.

*High-dose TBI (800-1320 cGy).

†Low-dose TBI (200-400 cGy).

- What differentiates RIC regimens from myeloablative regimens is that the dose of **alkylating agents** or **TBI** is generally reduced by **≥30%**

Limitations the above definition:

- - **“intensity”** was defined on the basis of grade of reversible and irreversible **myelotoxicity** rather than of **non-hematologic toxicity** →

Early Non Relapse Mortality


- Ignores the additional intensity of purine analogs used for immune-ablation
- Less well-defined terms, such as **“reduced toxicity”** , **“hyper-intensive”**
“augmented reduced intensity”

ARTICLE



Redefining and measuring transplant conditioning intensity in current era: a study in acute myeloid leukemia patients

This article has been corrected since Advance Online Publication and a correction is also printed in this issue

Alexandros Spyridonidis ¹ · Myriam Labopin² · Bipin N. Savani ³ · Riitta Niittyvuopio⁴ · Didier Blaise ⁵ · Charles Craddock⁶ · Gerard Socié ⁷ · Uwe Platzbecker⁸ · Dietrich Beelen⁹ · Noel Milpied¹⁰ · Jan J. Cornelissen¹¹ · Arnold Ganser¹² · Anne Huynh¹³ · Laimonas Griskevicius¹⁴ · Sebastian Giebel¹⁵ · Mahmoud Aljurf¹⁶ · Eolia Brissot² · Florent Malard ² · Jordi Esteve¹⁷ · Zinaida Peric¹⁸ · Frédéric Baron¹⁹ · Annalisa Ruggeri²⁰ · Christoph Schmid²¹ · Maria Gilleece ²² · Norbert-Claude Gorin² · Francesco Lanza²³ · Roni Shouval²⁴ · Jurjen Versluis¹² · Gesine Bug²⁵ · Yngvar Fløisand²⁶ · Fabio Ciceri²⁷ · Jamie Sanz ²⁸ · Ali Bazarbachi²⁹ · Arnon Nagler³⁰ · Mohamad Mohty²

Assigned intensity weight scores for frequently used conditioning regimen components.

Used their sum to generate the **Transplant Conditioning Intensity (TCI) score**.

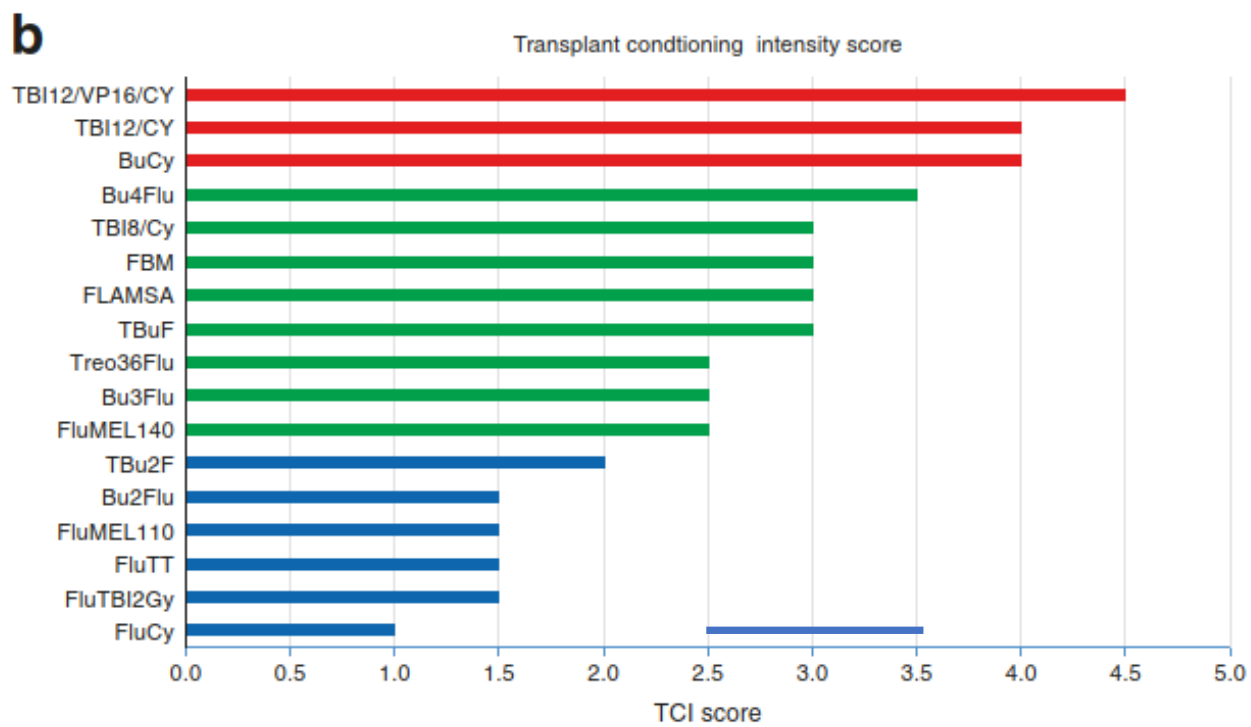
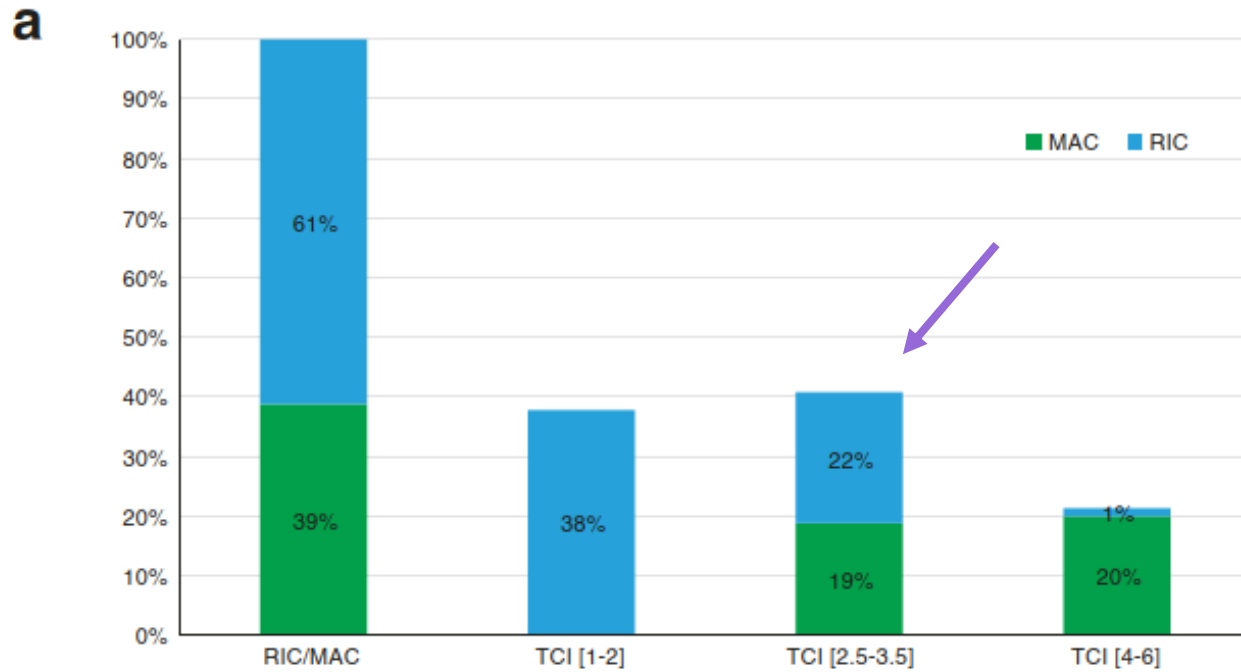
Retrospectively tested the impact of TCI on **8255 adult** (45–65 years) **AML 1CR**

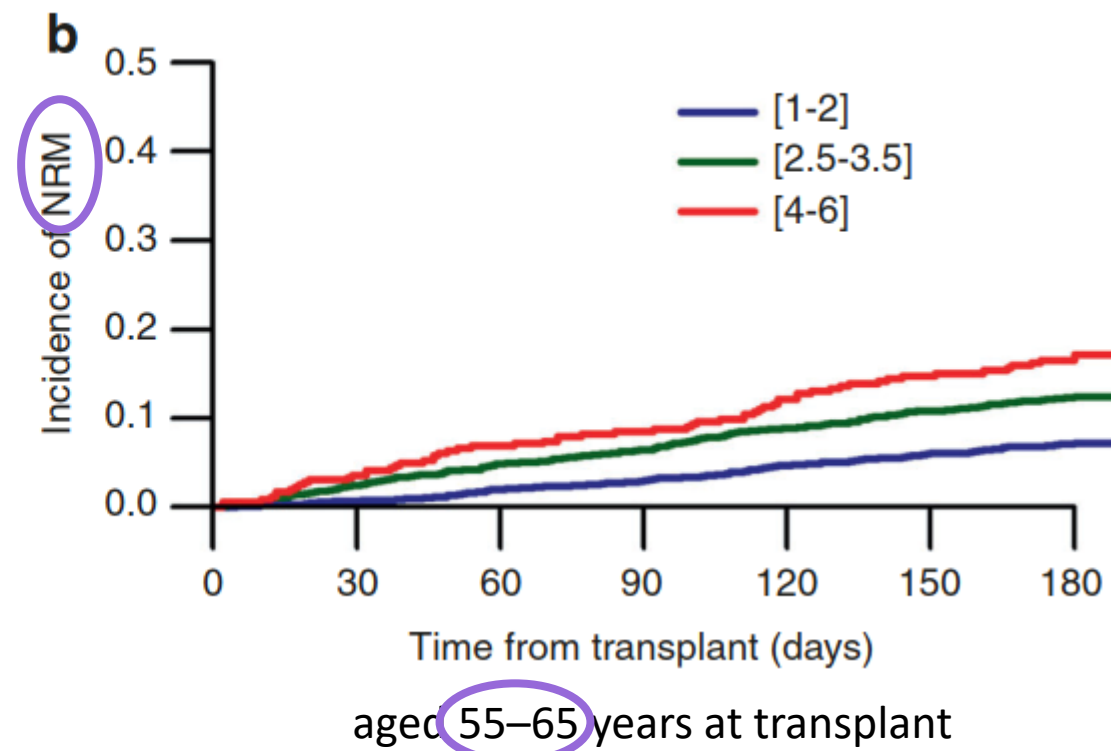
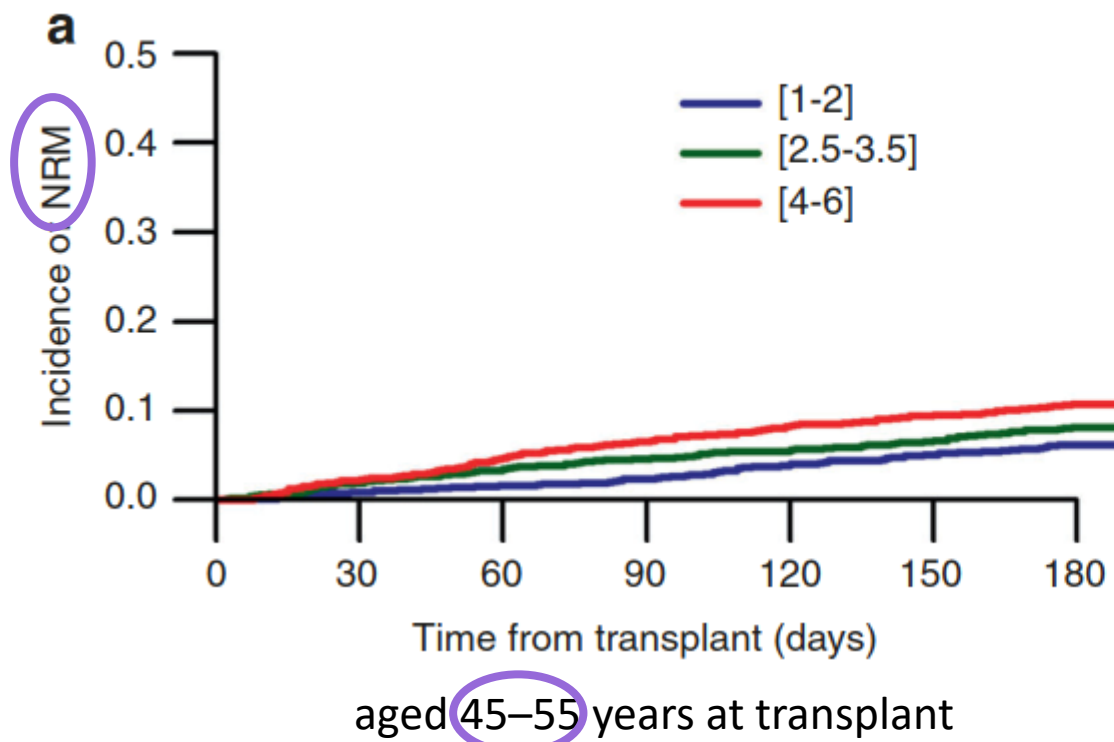
3-group TCI risk scheme : low [1–2] intermediate [2.5–3.5] high [4–6]

TCI grouping was highly and better **predictive for early (day 100 and 180) NRM, 2-year NRM and relapse** as compared with the RIC/MAC classification.

Component	Dose level			Added points for each dose level
	Low	Intermediate	High	
TBI fractionated (Gray)	≤5	6–8	≥9	1
Busulphan (mg/kg)	≤6.4 iv & ≤8 po	9.6 iv & 12 po	12.8 iv & 16 po	1
Treosulfan (g/m ²)	30	36	42	1
Melphalan (mg/m ²)	<140	≥140	≥200	1
Thiotepa (mg/kg)	<10	≥10	≥20	0.5
Fludarabine (mg/m ²)	≤160	>160		0.5
Clofarabine (mg/m ²)	≤150	>150		0.5
Cyclophosphamide (mg/kg)	<90	≥90		0.5
Carmustine (mg/m ²)	≤250	280–310	≥350	0.5
Cytarabine (g/m ²)	<6	≥6		0.5
Etoposide (mg/kg)	<50	≥50		0.5

iv intravenously, *po* per os, *TBI* total body irradiation.





TCI Identifies a distinct intermediate subgroup consisting RIC and MAC regimens that had identical outcomes in all aspects:

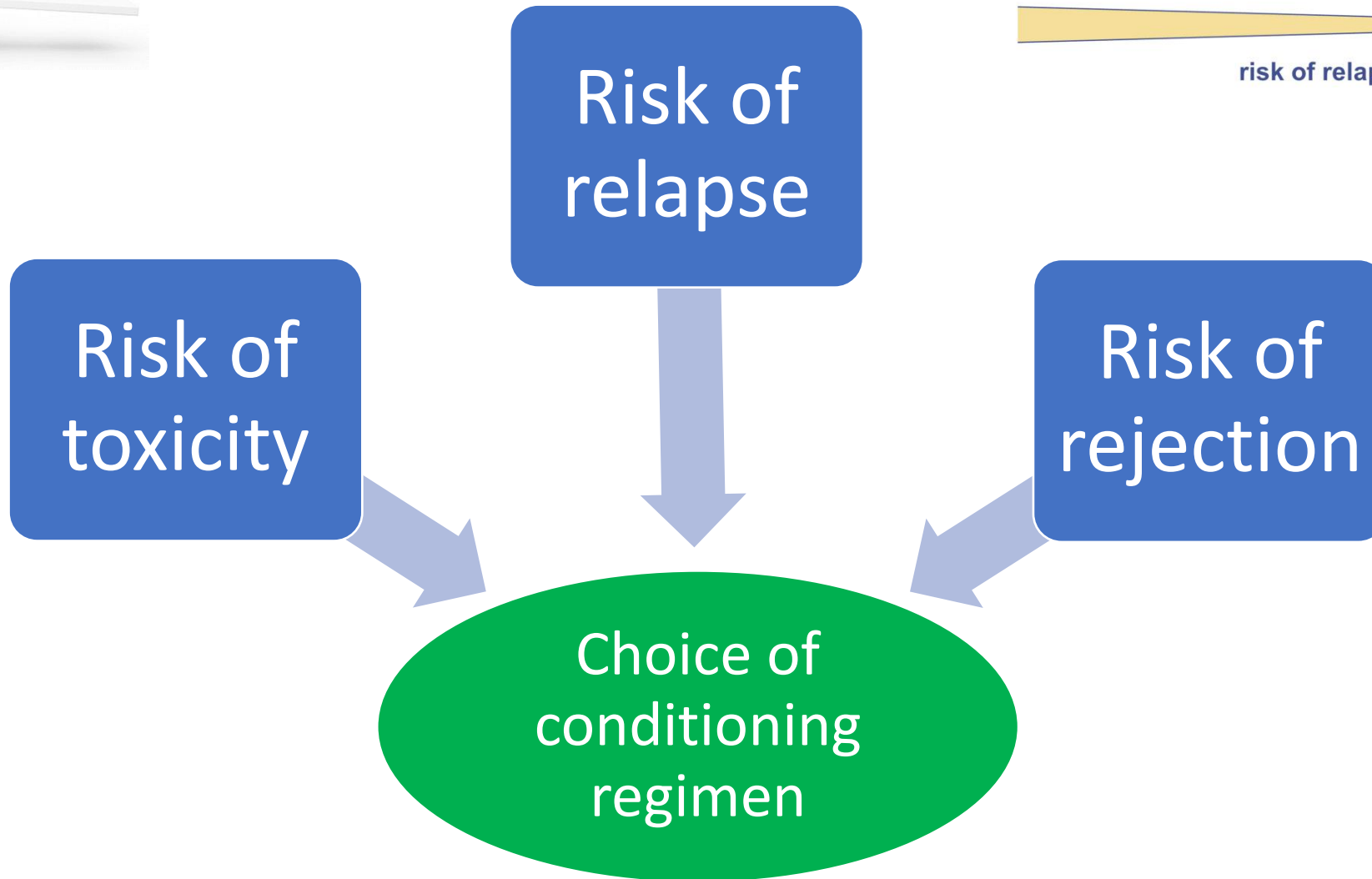
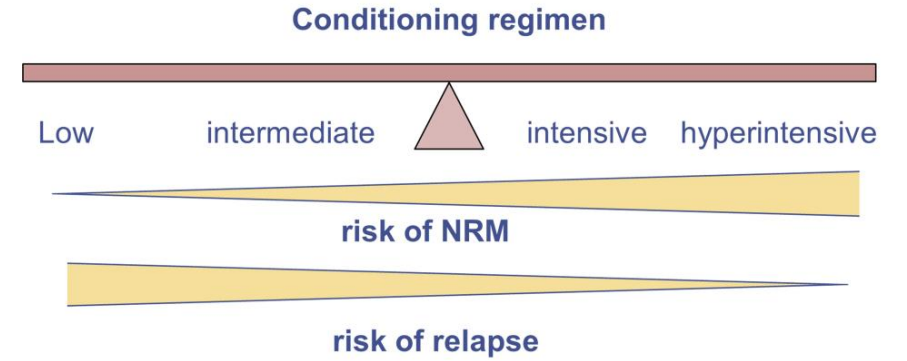
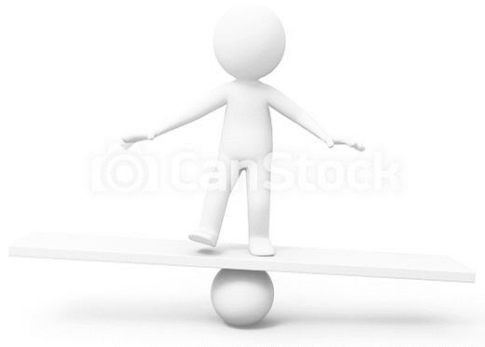
Table 6 The intermediate TCI [2.5–3.5] group.

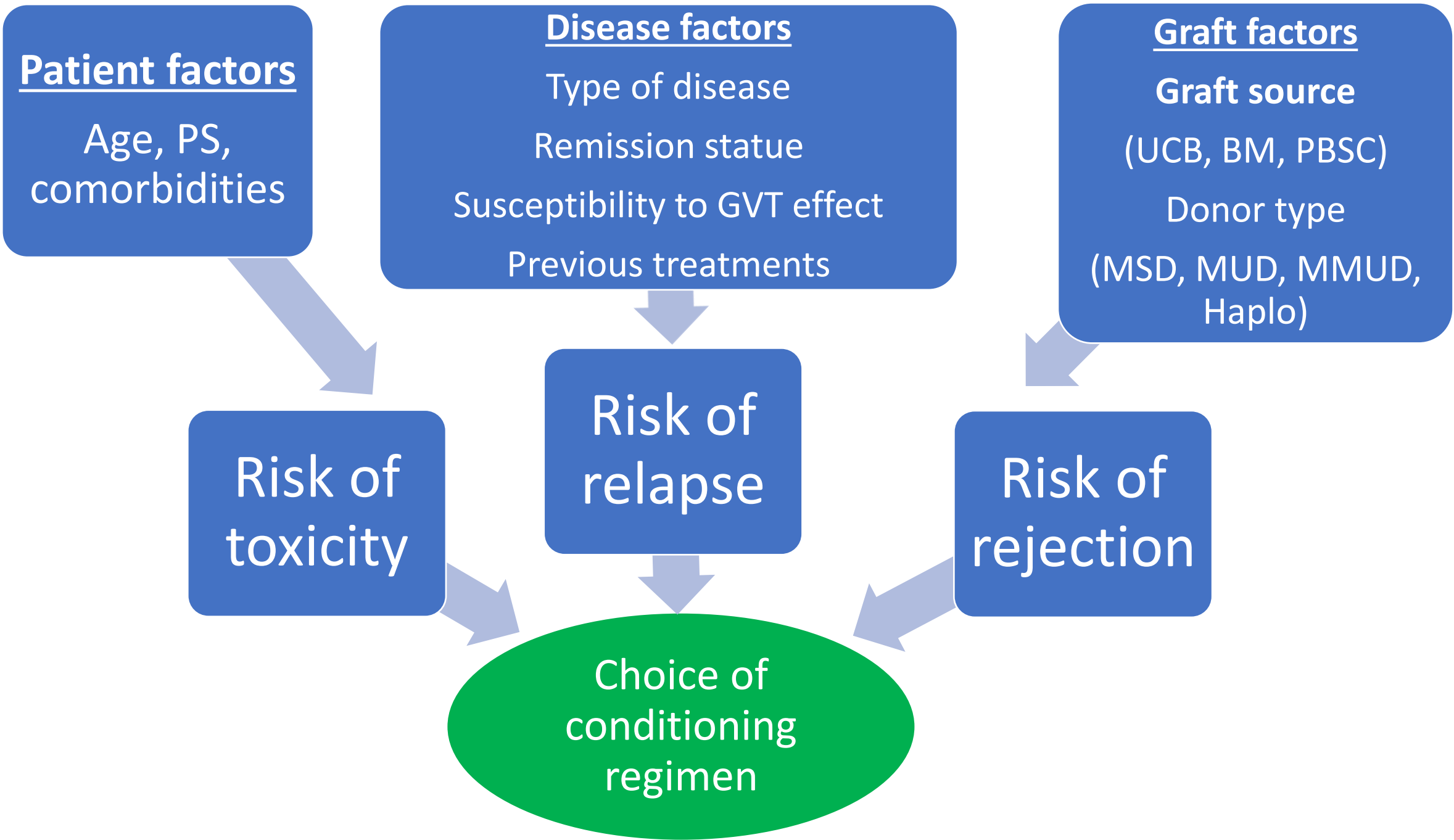
RIC/MAC	<i>N</i>	NRM @ day 100	NRM @ day 180	NRM	Relapse	LFS	OS
RIC	1819	6.9% [5.8–8.1]	10.9% [9.5–12.4]	18.7% [16.9–20.6]	24.5% [22.4–26.6]	56.8% [54.4–59.3]	62.2% [59.8–64.6]
MAC	1552	5.7% [4.6–6.9]	10.1% [8.7–11.7]	17% [15.0–19.0]	26.2% [23.9–28.5]	56.8% [54.2–59.5]	61.2% [58.6–63.8]
<i>p</i> value		0.15	0.43	0.02	0.05	0.92	0.62

Intermediate TCI [2.5–3.5] group

Probably captured the so called “reduced toxicity conditioning” regimens specifically designed to optimize dose intensity while safely minimizing NRM

Do we use TCI – low/ intermediate/ high? -----No





Common toxicities of standard MAC regimens

- Prolonged aplasia → risks of infections, bleeding
- GI toxicity: mucositis, nausea/vomiting, diarrhea
- Organ toxicities:
 - Liver: Sinusoidal obstruction syndrome (SOS)
 - Lungs: Pneumonitis
- Cytokine storm → risk of acute GVHD
- Long-term: Infertility
 - iatrogenic menopause/andropause
 - 2nd malignancies

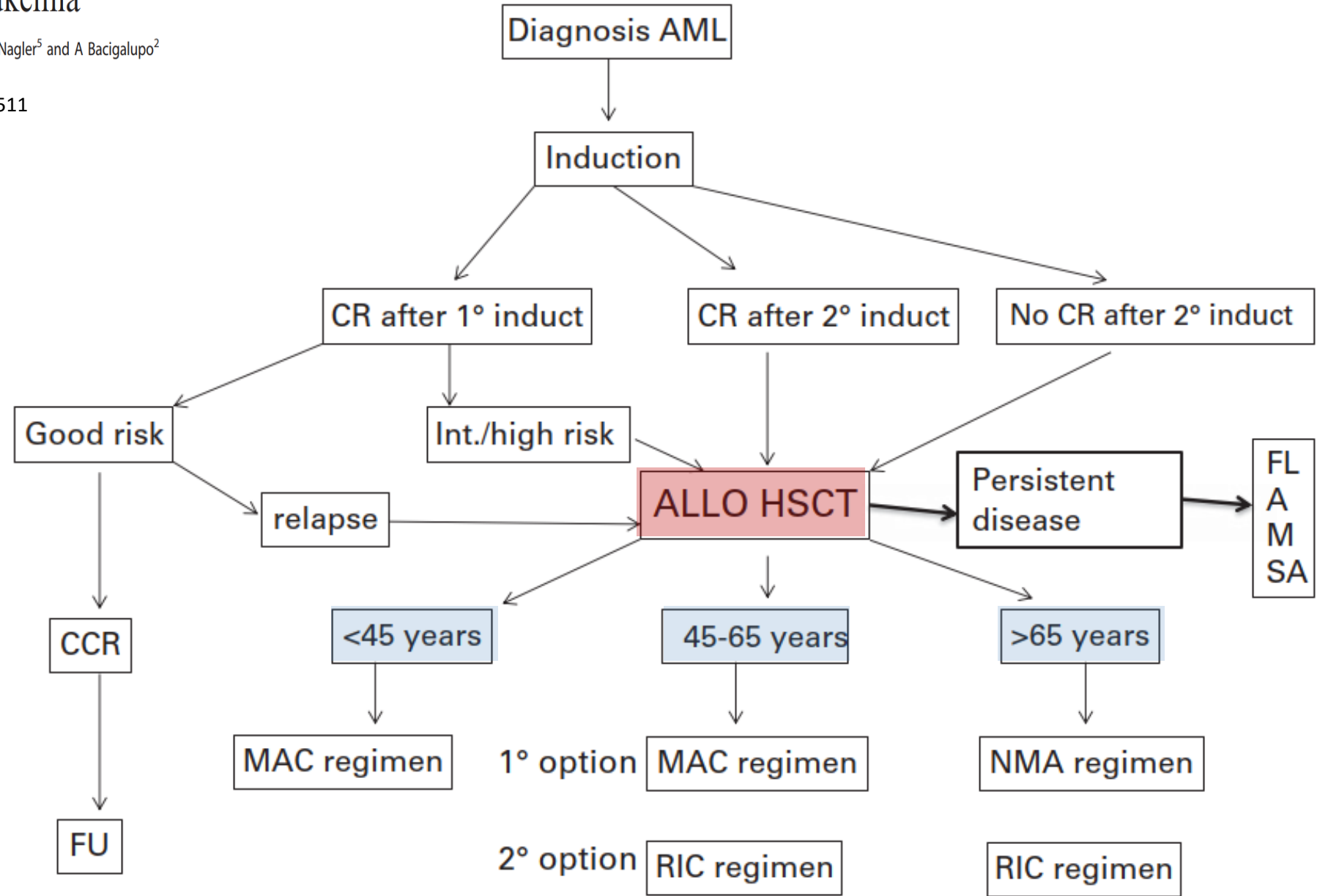
REVIEW

Conditioning regimens for allogeneic hematopoietic stem cell transplants in acute myeloid leukemia

YS Jethava¹, S Sica², B Savani³, F Socola¹, M Jagasia³, M Mohty⁴, A Nagler⁵ and A Bacigalupo²

Bone Marrow Transplantation (2017) 1504 – 1511

fitness



How to evaluate fitness?

- **Age**

- ≤ 45 y: MAC

- > 45 y: RIC

But also depends on:

- **Performance** status (Karnofsky, ECOG)
- **Comorbidities**
- **Organ-specific toxicity risk**

Hematopoietic cell transplantation (HCT)–specific comorbidity index: a new tool for risk assessment before allogeneic HCT

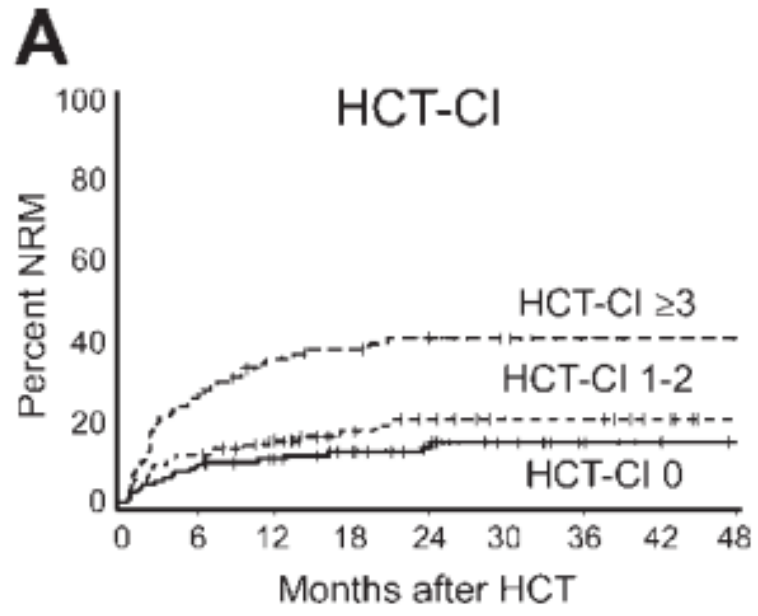
Mohamed L. Sorrow, Michael B. Maris, Rainer Storb, Frederic Baron, Brenda M. Sandmaier, David G. Maloney, and Barry Storer

BLOOD, 15 OCTOBER 2005 VOLUME 106, NUMBER 8

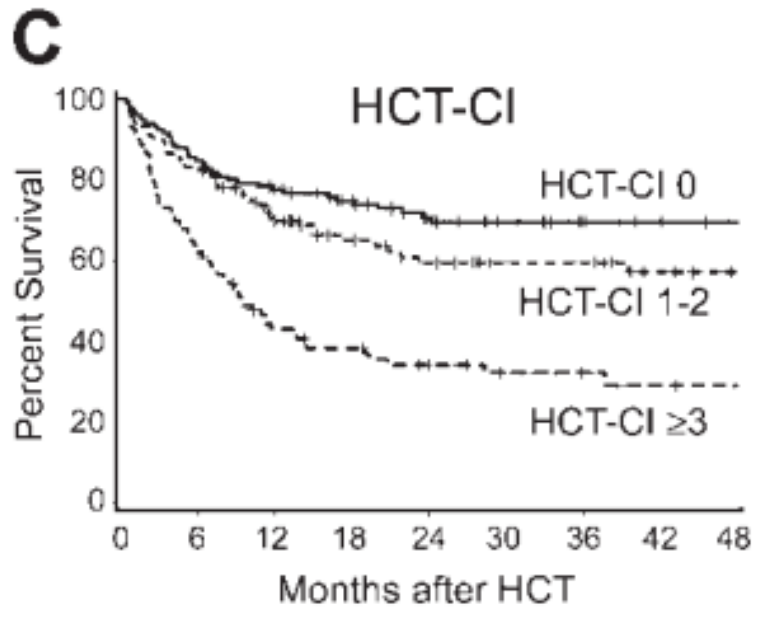
Table 4. Definitions of comorbidities included in the HCT-CI and HCT-CI scores compared with original CCI scores

Comorbidity	Definitions of comorbidities included in the new HCT-CI	HCT-CI weighted scores	Original CCI scores*
Arrhythmia	Atrial fibrillation or flutter, sick sinus syndrome, or ventricular arrhythmias	1	0
Cardiac‡	Coronary artery disease,§ congestive heart failure, myocardial infarction, or EF ≤ 50%	1	1
Inflammatory bowel disease	Crohn disease or ulcerative colitis	1	0
Diabetes	Requiring treatment with insulin or oral hypoglycemics but not diet alone	1	1
Cerebrovascular disease	Transient ischemic attack or cerebrovascular accident	1	1
Psychiatric disturbance†	Depression or anxiety requiring psychiatric consult or treatment	1	Not included
Hepatic, mild‡	Chronic hepatitis, bilirubin > ULN to 1.5 × ULN, or AST/ALT > ULN to 2.5 × ULN	1	1
Obesity†	Patients with a body mass index > 35 kg/m ²	1	Not included
Infection†	Requiring continuation of antimicrobial treatment after day 0	1	Not included
Rheumatologic	SLE, RA, polymyositis, mixed CTD, or polymyalgia rheumatica	2	1
Peptic ulcer	Requiring treatment	2	1
Moderate/severe renal‡	Serum creatinine > 2 mg/dL, on dialysis, or prior renal transplantation	2	2
Moderate pulmonary‡	DLco and/or FEV ₁ 66%-80% or dyspnea on slight activity	2	1
Prior solid tumor‡	Treated at any time point in the patient's past history, excluding nonmelanoma skin cancer	3	2
Heart valve disease	Except mitral valve prolapse	3	0
Severe pulmonary‡	DLco and/or FEV ₁ ≤ 65% or dyspnea at rest or requiring oxygen	3	1
Moderate/severe hepatic‡	Liver cirrhosis, bilirubin > 1.5 × ULN, or AST/ALT > 2.5 × ULN	3	3

NRM



survival



Comorbidity-Age Index: A Clinical Measure of Biologic Age Before Allogeneic Hematopoietic Cell Transplantation

Mohamed L. Sorrow, Rainer F. Storb, Brenda M. Sandmaier, Richard T. Maziarz, Michael A. Pulsipher, Michael B. Maris, Smita Bhatia, Fabiana Ostronoff, H. Joachim Deeg, Karen L. Syrjala, Elihu Estey, David G. Maloney, Frederick R. Appelbaum, Paul J. Martin, and Barry E. Storer

Data from 3,033 consecutive recipients of HLA-matched grafts from five institutions.

All patients should be evaluated with the **composite comorbidity/age score**, as well as appropriate features of their primary disease for selection of the most beneficial transplantation strategy

Patients with comorbidity/age scores of **0 to 2** had comparable mortality risks regardless of conditioning regimens.

Patients with scores of **3 to 4 and 5** had statistically significant **higher mortality risks after high-dose** versus nonmyeloablative regimens.

Age adjusted HCT CI

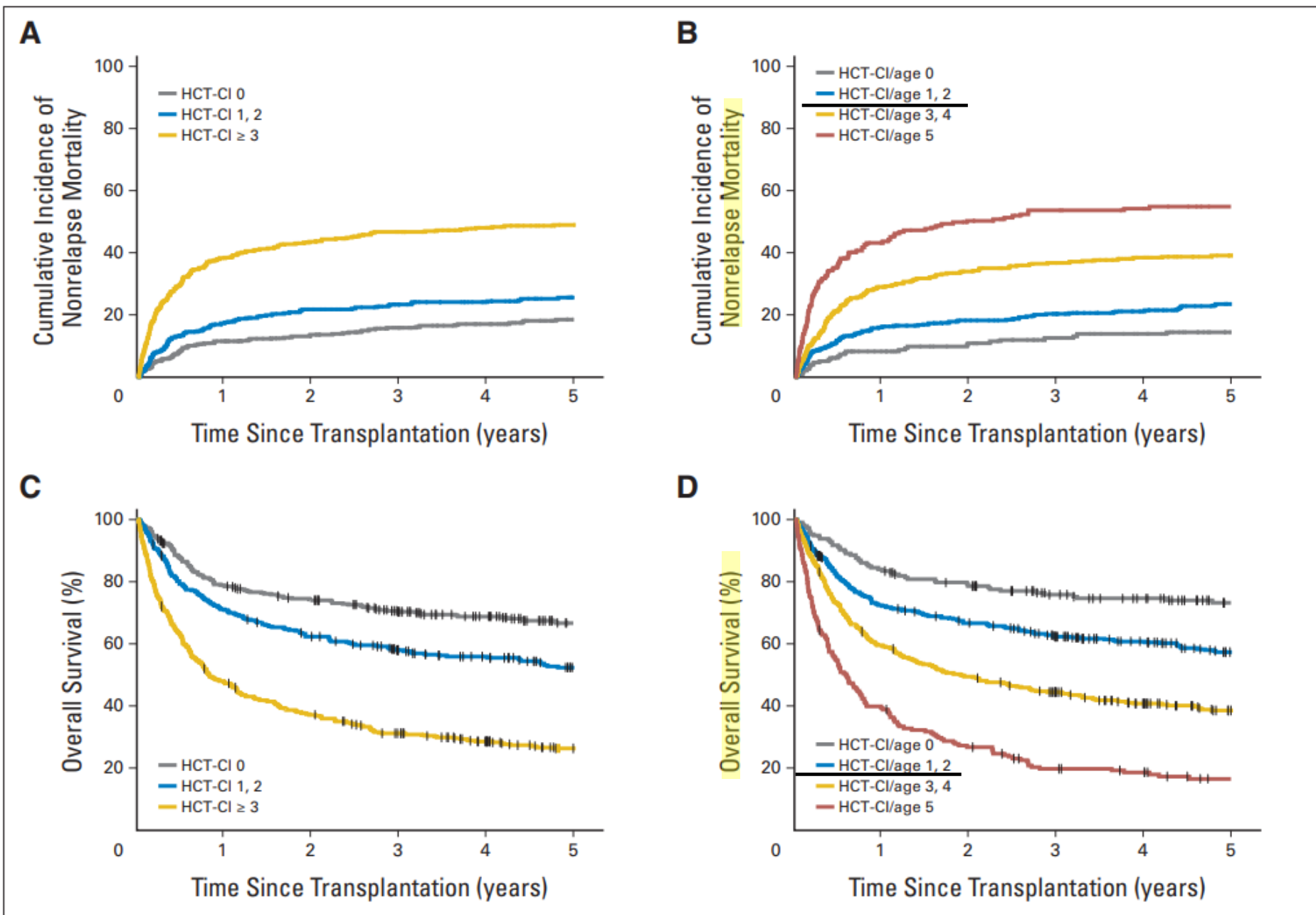
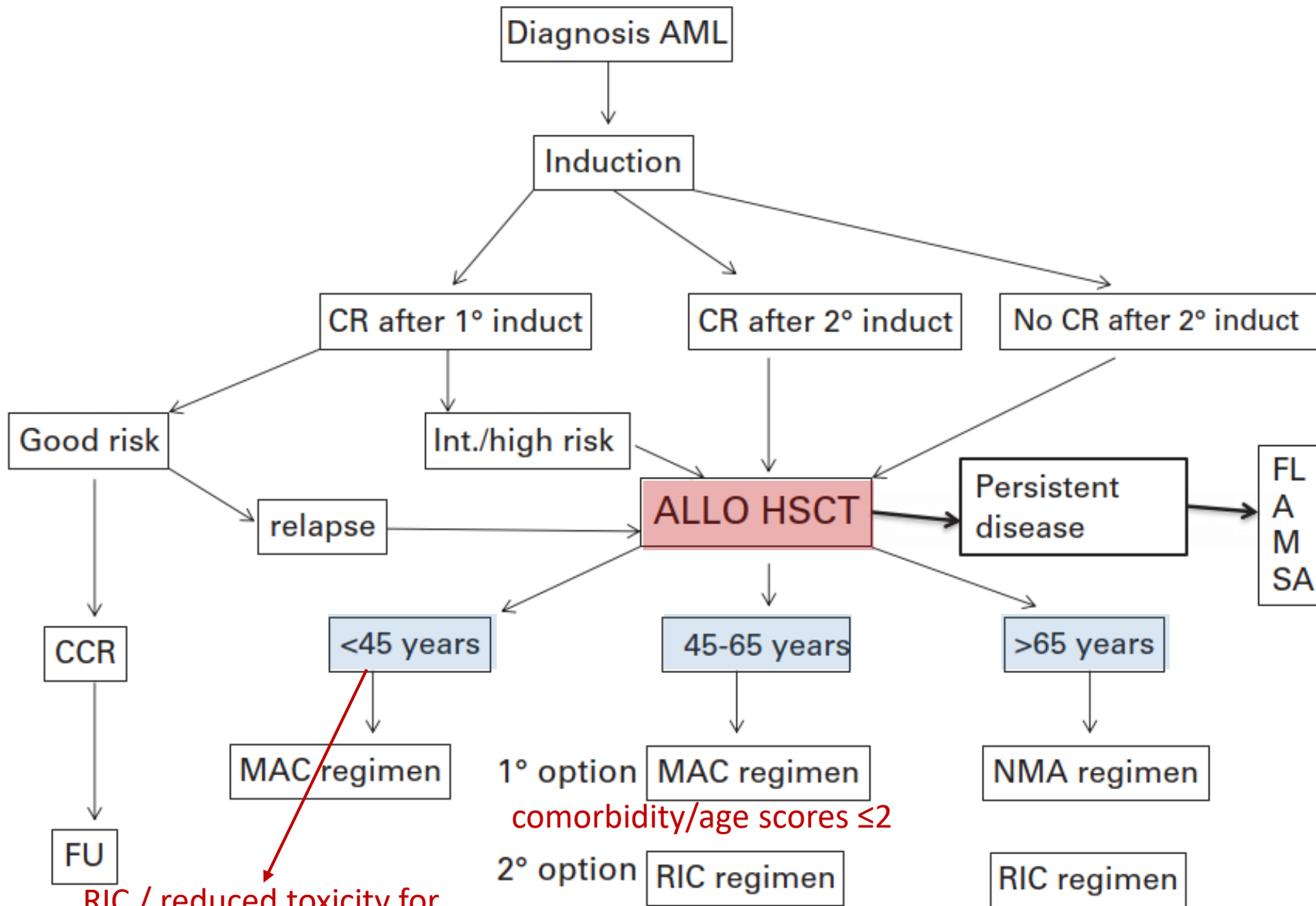


Fig 2. Comparisons of outcome stratifications by the hematopoietic cell transplantation-comorbidity index (HCT-CI) and the composite comorbidity/age index (HCT-CI/age). (A, B) Cumulative incidences of nonrelapse mortality and (C, D) Kaplan-Meier estimates of overall survival among patients of the validation set ($n = 1,180$) as stratified by (A, C) the HCT-CI and (B, D) the composite comorbidity/age index.



RIC / reduced toxicity for comorbidity/age scores ≥3??

1° option MAC regimen
comorbidity/age scores ≤2
2° option RIC regimen
comorbidity/age scores ≥3

Prospective randomized studies comparing different condition regimen intensities exist only for **AML & MDS**

Table 1. Characteristics and results of prospective randomized trials comparing different intensities and toxicity of conditioning regimens.

Trial	Population	Regimen		RFS % (P)	Relapse % (P)	NRM % (P)	OS % (P)
Toxicity reduced MAC vs. MAC or RIC							
Rambaldi <i>et al.</i> ²⁰	AML Age >40 y	BuFlu (MAC)	BuCy (MAC)	40 vs. 47 (ns)	24 vs. 21 (ns)	8 vs. 18 (0.03)	27 vs. 35 (ns)
Bornhäuser <i>et al.</i> ¹⁶	AML CR1 Age 18-60 y IR/HR cytogenetics	8 GyTBI/Flu (MAC)	12 GyTBI/Cy (MAC)	58 vs. 56 (ns)	28 vs. 26 (ns)	13 vs. 18 (ns)	61 vs. 58 (ns)
Beelen <i>et al.</i> ²⁴	AML/MDS Age ≥50 y and/or CI >2/KPS >60%	TreoFlu (MAC)	BuFlu (RIC)	64 vs. 50 (0.001)	25 vs. 23 (ns)	11 vs. 23 (0.05)	71 vs. 56 (0.01)
RIC vs. NMA							
Blaise <i>et al.</i> ²	Hematologic malignancies	BuFlu (RIC)	FluTBI (NMA)	35 vs. 23 (ns)	27 vs. 54 (<0.01)	38 vs. 22 (0.03)	41 vs. 41 (ns)
RIC vs. MAC							
Ringdén <i>et al.</i> ⁹⁰	AML/CML Age ≤60 y	BuFlu (RIC) incl n=4 CML (NMA)	BuCy(MAC)	NR	12 vs. 35 (ns)	11 vs. 11 (ns)	76 vs. 62 (ns)
Scott <i>et al.</i> ²⁶	AML/MDS in CR Age 18-65 y	BuFlu; FluMel (RIC)	BuFlu; BuCy; TBICy (MAC)	47 vs. 68 (<0.01)	48 vs. 14 (<0.001)	4 vs. 16 (<0.01)	78 vs. 68 (0.07)
Kröger <i>et al.</i> ²⁵	MDS/sAML Age 18-60 y UD Age 18-65 RD	BuFlu (RIC)	BuCy (MAC)	62 vs. 58 (ns)	17 vs. 15 (ns)	17 vs. 25 (ns)	76 vs. 63 (0.08)
RIC vs. sequential RIC							
Craddock <i>et al.</i> ¹⁴	AML/MDS Age 18-75 y	FLAMSA-Bu (seq RIC)	Bu/Flu or Mel/Flu (RIC)	54 vs. 49 (ns)	27 vs. 30 (ns)	21 vs. 17 (ns)	61 vs. 59 (ns)

RIC: reduced intensity conditioning; MAC: myeloablative conditioning; NMA: nonmyeloablative; RFS: relapse-free survival; NRM: non-relapse mortality; OS: overall survival; (s)AML: (secondary) acute myeloid leukemia; CML: chronic myeloid leukemia; CR: complete remission; Cy: cyclophosphamide; Treo: treosulfan; Flu: fludarabine; TBI: total body irradiation; Bu: busulfan; IR: intermediate-risk; HR: high-risk; Mel: melphalan; MDS: myelodysplastic syndrome; UD: unrelated donor; RD: related donor; ns: not significant; y: years; CI: comorbidity index; KPS: Karnofsky performance status; NR: not reported; seq: sequential.

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BMT Clinical trial network – JCO 2017
 RIC vs MAC
 AML/MDS in CR

MAC – better RFS, more NRM.

MAC-Cause Off Death: GVHD(50%)
 RIC-Cause Off Death : Relapse(86%)

Survival benefit of MAC: AML, high-risk, CI-0

The **wide basis** for current clinical consensus statements with regards to conditioning intensity in AML/MDS draws on data from **retrospective comparisons**

Table 2. Selected retrospective registry comparisons of conditioning intensity in acute myeloid leukemia/myelodysplastic syndromes.

Trial	Registry	Population	N	LFS/RFS	Relapse		OS
					%	RIC vs. MAC (P)	
Aoudjhane <i>et al.</i> ³⁰	EBMT	AML Age >50 y	722	40 vs. 47 (ns)	↑41 vs. 24 (<0.01)	18 vs. 32↑ (<0.01)	44 vs. 46 (ns)
Martino <i>et al.</i> ¹³	EBMT	AML/MDS Blasts <10%	878	48 vs. 54 (ns)	↑34 vs. 24 (0.01)	18 vs. 22 (ns)	53 vs. 56 (ns)
Luger <i>et al.</i> ³⁴	CIBMTR	AML/MDS Age 18-69 y	5179	30 vs 33 (ns)	↑40 vs 32* (<0.01)	29 vs 29 (ns)	33 vs 34 (ns)

MAC: TBI doses >10 Gy or busulfan doses >8 mg/kg
RIC: fludarabine + TBI (<2 Gy) or busulfan doses <8 mg/kg.

MAC: Bu/CY TBI/CY
RIC: fludarabine + busulfan doses <8 mg/kg

retrospective studies in AML/MDS:

Increased risk of relapse after RIC and a higher NRM after MAC,
while **overall survival appeared to be similar** comparing both intensities.

Impact of Conditioning Intensity of Allogeneic Transplantation for Acute Myeloid Leukemia With Genomic Evidence of Residual Disease

Journal of Clinical Oncology®

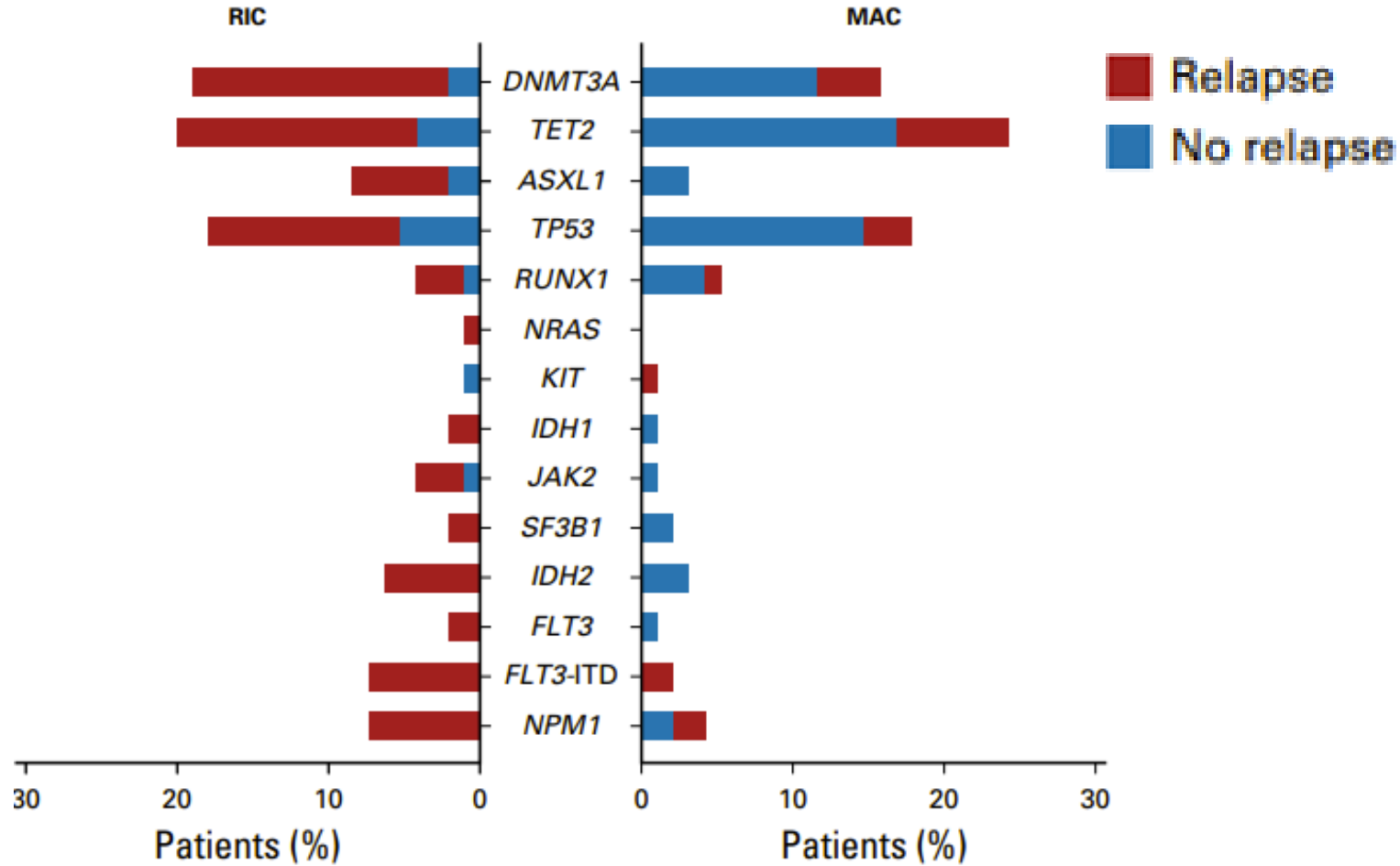
Volume 38, Issue 12 1273

Christopher S. Hourigan, DM, DPhil¹; Laura W. Dillon, PhD¹; Gege Gui, ScM¹; Brent R. Logan, PhD²; Mingwei Fei, MSc²; Jack Ghannam, BS¹; Yuesheng Li, PhD¹; Abel Licon, MS³; Edwin P. Alyea, MD⁴; Asad Bashey, MD⁵; H. Joachim Deeg, MD⁶; Steven M. Devine, MD⁷; Hugo F. Fernandez, MD⁸; Sergio Giralt, MD⁹; Mehdi Hamadani, MD¹⁰; Alan Howard, PhD⁷; Richard T. Maziarz, MD¹¹; David L. Porter, MD¹²; Bart L. Scott, MD⁶; Erica D. Warlick, MD¹³; Marcelo C. Pasquini, MD²; and Mitchell E. Horwitz, MD¹⁴

Whether modulation of the intensity of the alloHCT conditioning regimen in patients with AML who test positive for MRD can prevent relapse?

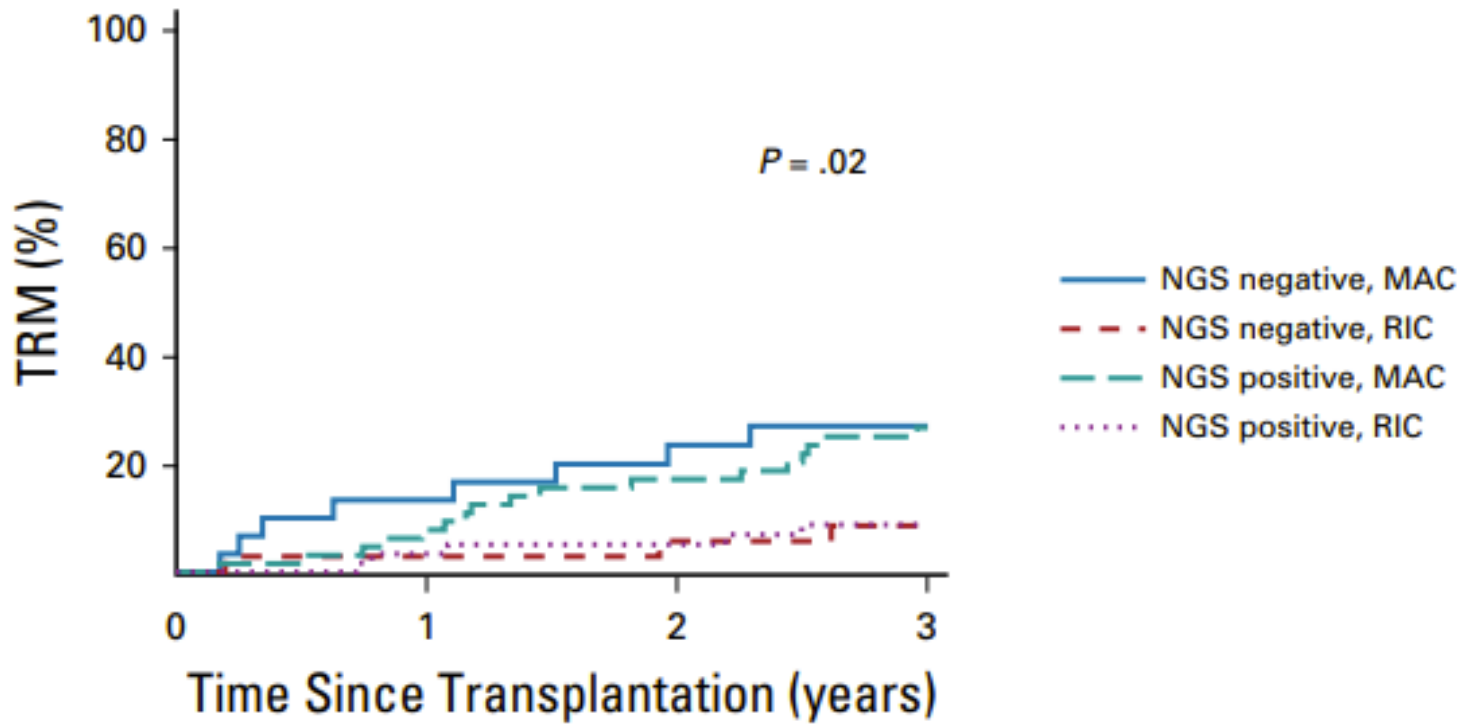
N=190 AML, morphologic CR : randomly assigned to MAC vs RIC
Preconditioning NGS for ASXL1, DNMT3A, FLT3, IDH1, IDH2,
JAK2, KIT, NPM1, NRAS, RUNX1, SF3B1, TET2, TP53 → **MRD**

Relapse by Mutation Type

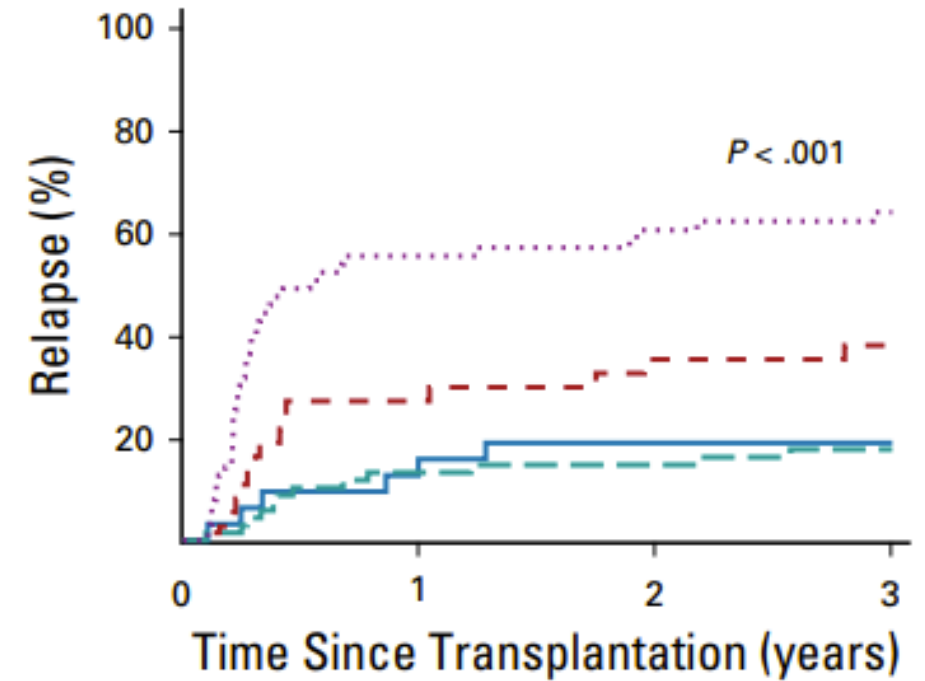


The percentage of patients with mutations in each gene separated by conditioning intensity and excluding those with TRM

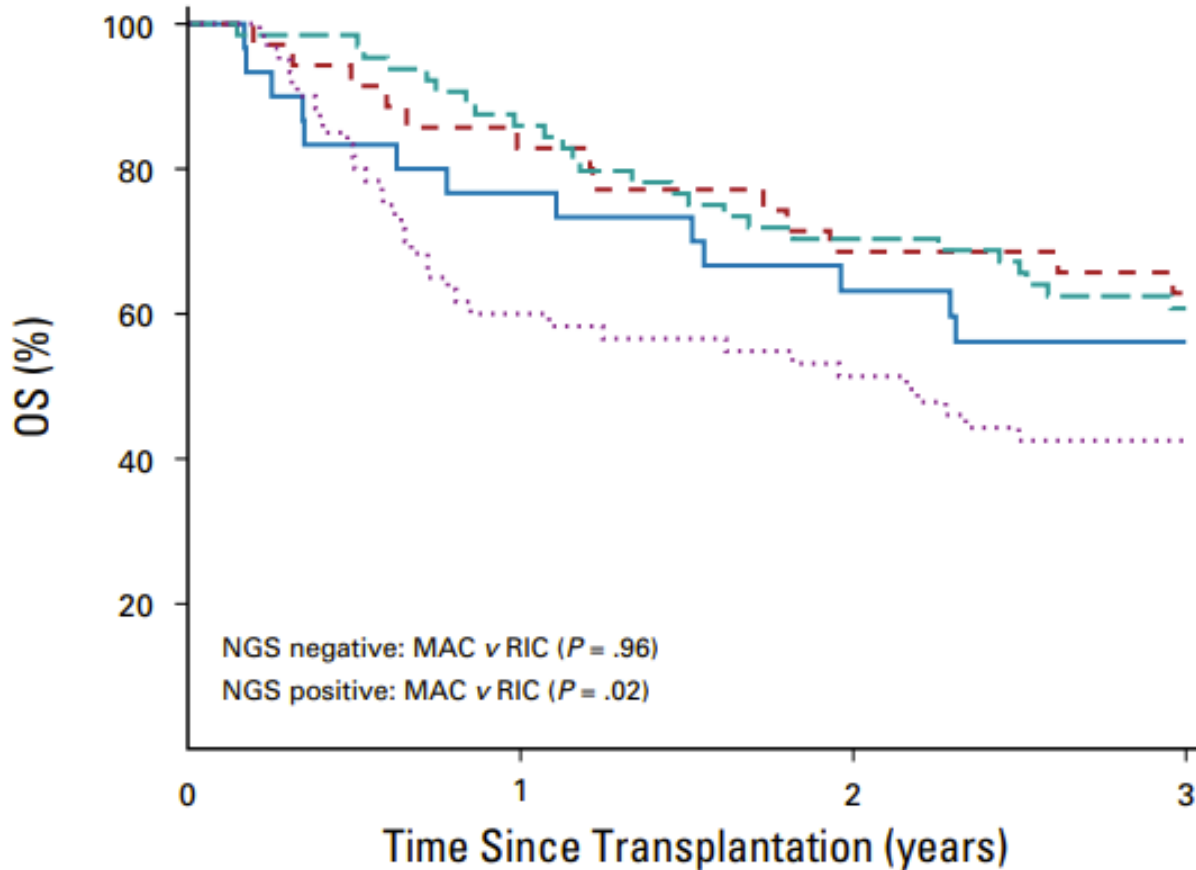
differences in whether a patient experienced relapse v no relapse were observed on the basis of RIC vs MAC



TRM was significantly higher MAC v RIC
 No difference on the basis of mutational status ($P = .8$)



RIC :higher relapse rate than MAC
 Highest rate occurring in RIC NGS+



NGS negative:

OS did not differ on the basis of conditioning intensity (3-year OS, 63% RIC v 56% MAC; $P = .96$).

NGS positive:

OS worse in RIC (3-year OS, 43%) v MAC (3-year OS 61% ; $P = .02$).

- NGS negative, MAC
- - - NGS negative, RIC
- - - NGS positive, MAC
- NGS positive, RIC

→ **Support for higher intensity when MRD+**

For AML and MDS:

- The overall quality of evidence for the optimal conditioning intensity is low.
- For higher-risk patients, MAC appeared to provide some benefit.
- Data synthesis on the level of individual patient data may be of additional value.

Myelo ablative Conditioning regimens for AML/MDS:

- TBI ↔ Non TBI (how we achieve myeloablation)
- Bu Cy ↔ Bu Flu? (how we achieve immune ablation)

TBI ↔ **Non TBI**

TBI remains an **important component** of the conditioning regimen in patients with AML

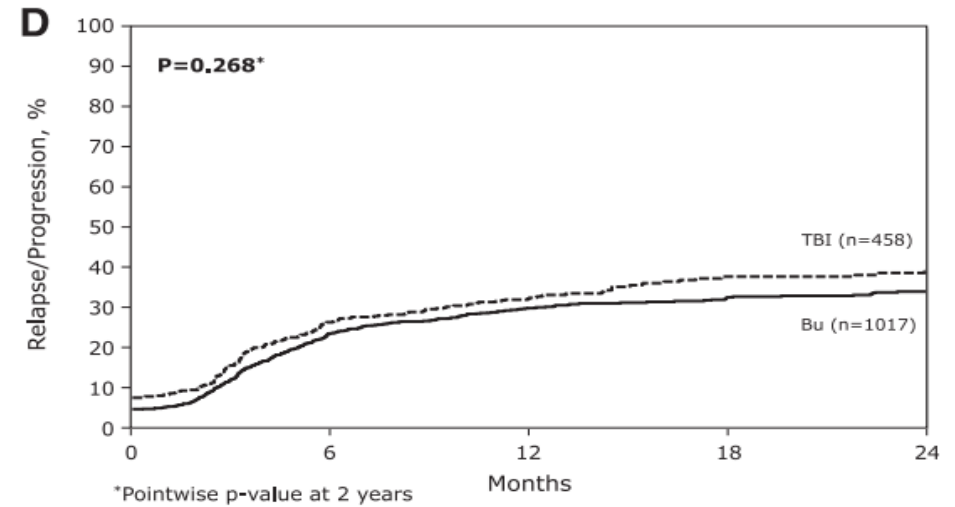
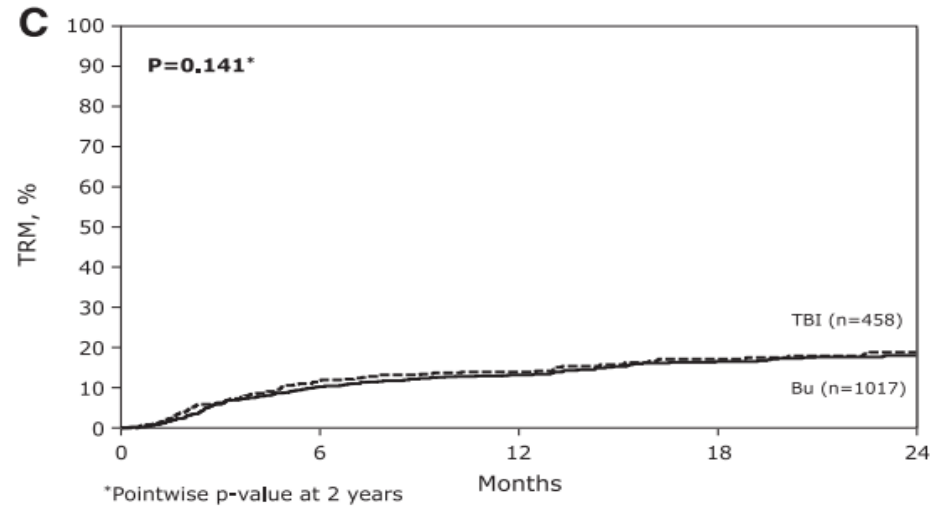
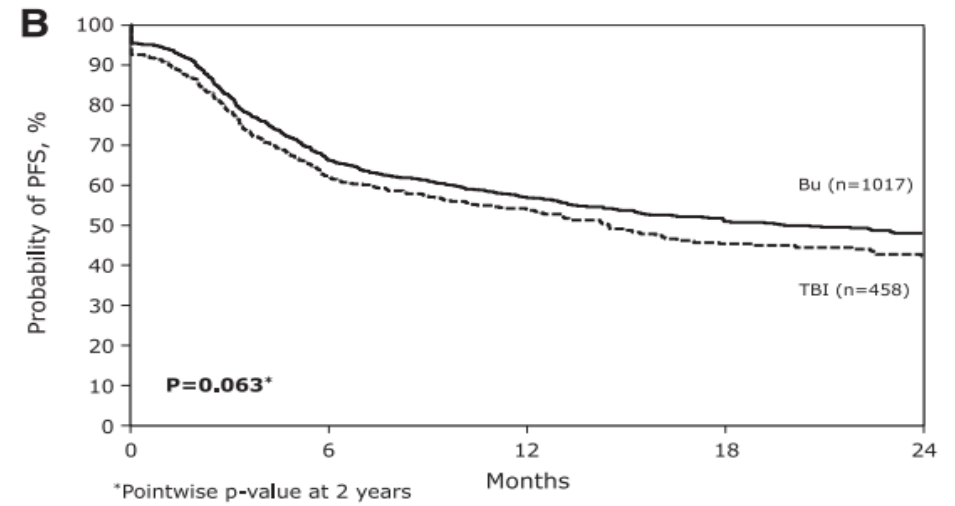
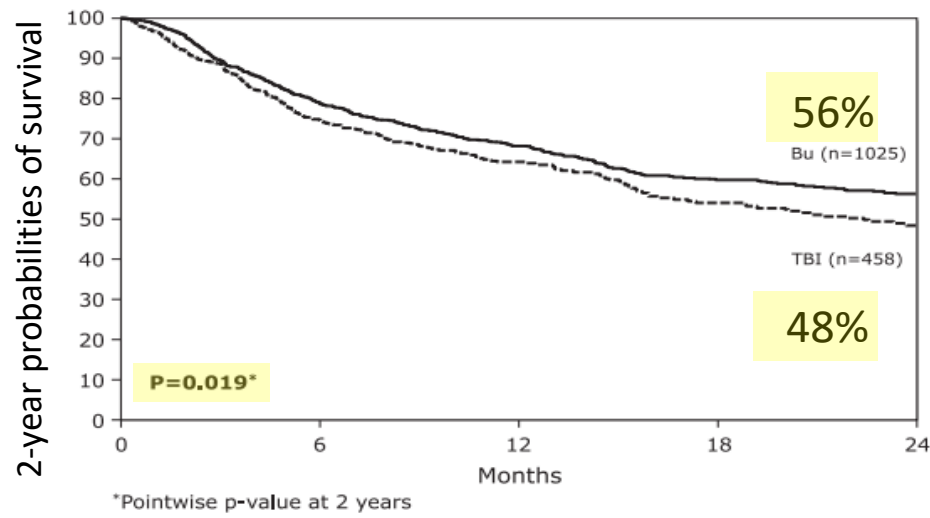
Factors limiting the use of TBI:

age, previous radiation therapy, comorbidities, higher incidence of acute GVHD and logistical problems delivering TBI.

A **prospective study** by Bredeson et al: (BLOOD, 5 DECEMBER 2013 x VOLUME 122, NUMBER 24)

MA BU vs MA TBI-based regimens in myeloid malignancies were compared.

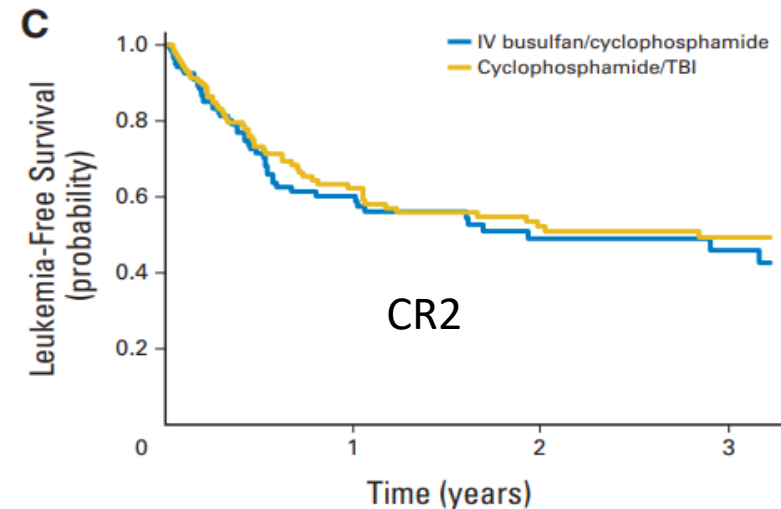
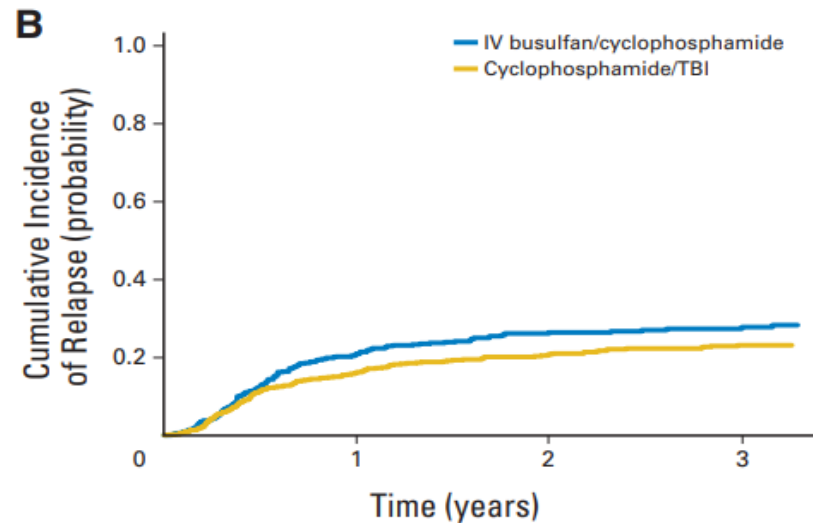
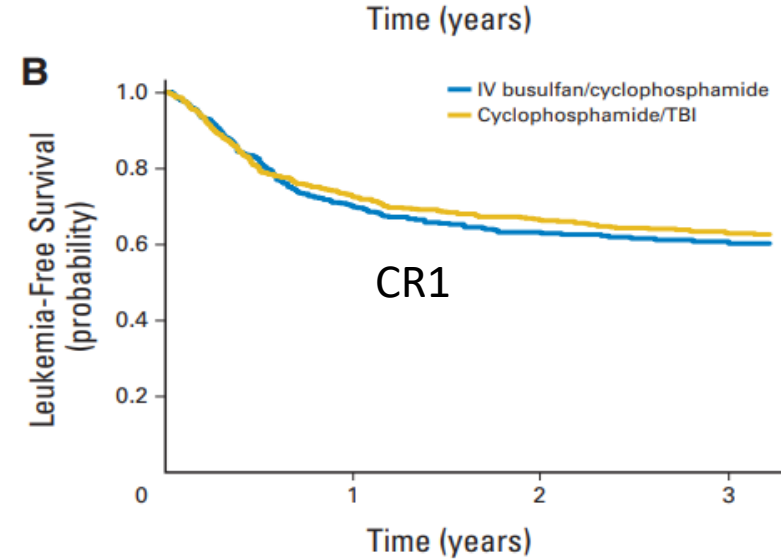
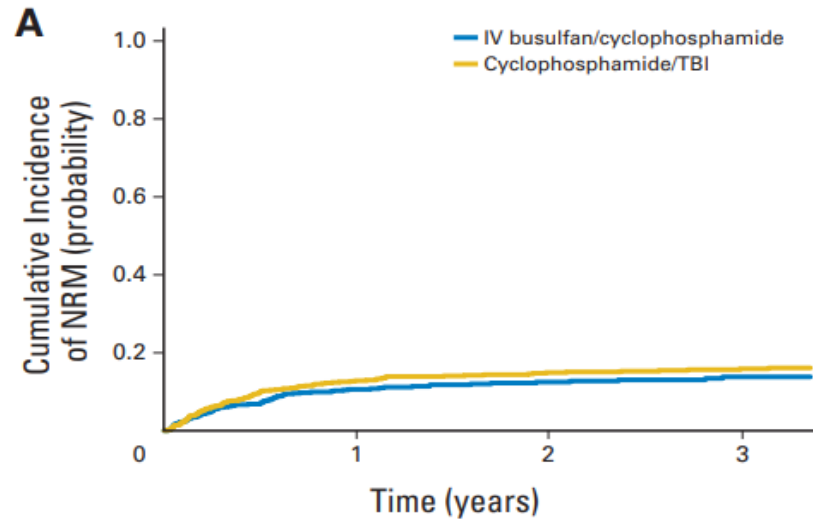
A total of 1483 patients undergoing transplantation for myeloid malignancies (IV-BU, N = 1025; TBI, N = 458)



Compared with TBI, IV-BU resulted in superior survival with no increased risk for relapse or TRM.

Allogeneic HSCT for AML in Remission: **Retrospective Comparison** of IV Busulfan Plus Cyclophosphamide (Cy) Versus Total-Body Irradiation Plus Cy As Conditioning Regimen— A Report From the ALWP. Arnon Nagler et.al

Bu/Cy (n 795) Cy/TBI (n 864) – No difference (NRM, Relapse, LFS in CR1 or CR2)



ORIGINAL ARTICLE**Busulfan fludarabine vs busulfan cyclophosphamide as a preparative regimen before allogeneic hematopoietic cell transplantation: systematic review and meta-analysis**S Ben-Barouch^{1,2}, O Cohen^{1,2}, L Vidal^{2,3}, I Avivi^{1,2} and R Ram^{1,2}

Meta analysis: 1830 patients conducted between the years 2003 and 2015

Lower risk for ↓ **NRM at 100 days** in patients given **Bu–Flu**.

The risks of ↓ **SOS and infections** were lower in patients given **Bu–Flu**.

Engraftment kinetics, risk of grade 3–4 mucositis, **GvHD, relapse and NRM** at the end of the study were all **similar** between the two groups.

→ **Similar efficacy profiles, whereas toxicity is lower with the Bu–Flu regimen.**



Full Length Article
Analysis

F. Khimani et al. / Transplantation and Cellular Therapy 27 (2021) 620.e1–620.e9

Impact of **Total Body Irradiation-Based** Myeloablative Conditioning
Regimens in Patients with Acute Lymphoblastic Leukemia Undergoing
Allogeneic Hematopoietic Stem Cell Transplantation: Systematic
Review and Meta-Analysis



Farhad Khimani^{1,*}, Mudit Dutta², Rawan Faramand¹, Taiga Nishihori¹, Ariel Perez Perez¹, Erin Dean¹,
Michael Nieder¹, Lia Perez¹, Asmita Mishra¹, Hany Elmariah¹, Marco Davila¹, Leonel Ochoa¹,
Melissa Alsina¹, Aleksandr Lazaryan¹, Nelli Bejanyan¹, Doris Hansen¹, Michael Jain¹,
Frederick Locke¹, Hien Liu¹, Joseph Pidala¹, Bijal Shah³, Rahul Mhaskar⁴

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systematic review to assess the efficacy of **TBI-based versus
chemotherapy** only-based myeloablative conditioning regimens (N=5000)

TBI-based regimens showed evidence of **benefit** compared with chemotherapy only-based conditioning regimens:

Relapse (relative risk [RR], 0.82; 95% confidence interval [CI], 0.72 to 0.94; 6 studies, 5091 patients)

OS (hazard ratio [HR], 0.76; 95% CI, 0.64 to 0.89; 7 studies, 4727 patients)

PFS (HR, 0.74; 95% CI, 0.63 to 0.85; 7 studies, 4727 patients).

The **TBI-based** regimen **did not increase** the likelihood of **grade II-IV acute GVHD** (RR, 1.12; 95% CI, 0.92 to 1.36; 5 studies, 4996 patients) or **chronic GVHD** (RR, 1.10; 95% CI, 1.00 to 1.21; 5 studies, 4490 patients), or **NRM** (RR, 0.94; 95% CI, 0.69 to 1.28; 6 studies, 4522 patients).

TBI-based regimens were associated with an **increased risk of grade III-IV acute GVHD** (RR, 1.29; 95% CI, 1.01 to 1.63; 3 studies, 3675 patients).

This systematic review represents evidence **supporting the use of TBI-based conditioning regimen in patients undergoing allo-HCT for ALL who are candidates for myeloablative conditioning**, as it offers better OS, PFS, and less relapse with acceptable NRM.

The acceptable approach:

- TBI approach can be safely applied, especially in adult patients who are able to tolerate myeloablative therapy, **age <40 years**.
- Studies have shown a higher NRM, up to 36%, in alloHCT recipients age **>35 years**.
- Caution should be exercised when using TBI-based myeloablative conditioning regimens in older patients.



CY TBY vs. VP16 TBI (BFM pediatric.....)

A Comparison of Cyclophosphamide and Total Body Irradiation with Etoposide and Total Body Irradiation as Conditioning Regimens for Patients Undergoing Sibling Allografting for Acute Lymphoblastic Leukemia in First or Second Complete Remission

David I. Marks,¹ Stephen J. Forman,² Karl G. Blume,³ Waleska S. Pérez,⁴ Daniel J. Weisdorf,⁵ Armand Keating,⁶ Robert Peter Gale,⁷ Mitchell S. Cairo,⁸ Edward A. Copelan,⁹ John T. Horan,¹⁰ Hillard M. Lazarus,¹¹ Mark R. Litzow,¹² Philip L. McCarthy,¹³ Kirk R. Schultz,¹⁴ David D. Smith,² Michael E. Trigg,¹⁵ Mei-jie Zhang,⁴ Mary M. Horowitz⁴

298 patients with acute lymphoblastic leukemia in CR1 or CR2 HLA-matched sibling.

4 groups were compared (retrospective):

Cy-TBI<13Gy (n 217) Cy-TBI>13Gy (n 81) VP16-TBI<13Gy (n 53) VP16-TBI>13Gy (n 151)

Transplant-Related Mortality did not differ by conditioning regimen.

In **CR1**, there were no significant differences in relapse, **LFS**, or **OS**.

In CR2:

In comparison with Cy-TBI<13Gy, the risks of **relapse**, **treatment failure** and **mortality** tended to be **lower** with **etoposide** (regardless of TBI dose) or with **TBI doses >13Gy**.

For both CR1 and CR2 transplantations, causes of death were similar among the groups; Relapse accounted for 47% of deaths.

MSD allo for ALL in CR2, there is an advantage in substituting VP16 for Cy or, when Cy is used, in increasing the TBI dose to >13 Gy.



Hematopoietic stem cell transplantation for adults with Philadelphia chromosome-negative acute lymphoblastic leukemia in first remission: a position statement of the European Working Group for Adult Acute Lymphoblastic Leukemia (EWALL) and the Acute Leukemia Working Party of the European Society for Blood and Marrow Transplantation (EBMT)

Sebastian Giebel¹ · David I. Marks² · Nicolas Boissel³ · Frederic Baron⁴ · Sabina Chiaretti⁵ · Fabio Ciceri⁶ · Jan J. Cornelissen⁷ · Michael Doubek⁸ · Jordi Esteve⁹ · Adele Fielding ¹⁰ · Robin Foa⁵ · Norbert-Claude Gorin^{11,12} · Nicola Gökbüget^{1,3} · Helene Hallböök¹³ · Dieter Hoelzer¹⁴ · Elena Paravichnikova¹⁵ · Josep-Maria Ribera¹⁶ · Bipin Savani¹⁷ · Anita W. Rijnveld⁷ · Christoph Schmid¹⁸ · Ulla Wartiovaara-Kautto¹⁹ · Mohamad Mohty^{10,11} · Arnon Nagler^{10,20} · Hervé Dombret³

consensus paper, summarize available evidence and reflect current clinical practice in major European study groups.

TBI-based myeloablative conditioning is the **preferable** one in **young** patients.

TBI may be combined with either **Cy** or **etoposide**.

In centers with limited access to TBI, **chemotherapy-based** conditioning using either i.v. **busulfan** or **thiotepa** may be considered.

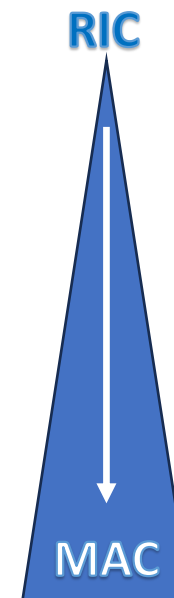
For **elderly** patients or patients with **comorbidities** **RIC** based on either TBI or chemotherapy is recommended.

- The therapeutic benefit of allogeneic HCT is largely derived from the immune **graft vs malignancy (GVM) effect**.
- Donor immune cells eradicate residual malignant cells that may survive the preparative regimen.
- **Sensitivity of malignancy to GVM** effect varies among different diseases, and depends on the diagnosis, tumor burden immune escape mechanisms and proliferation rate.

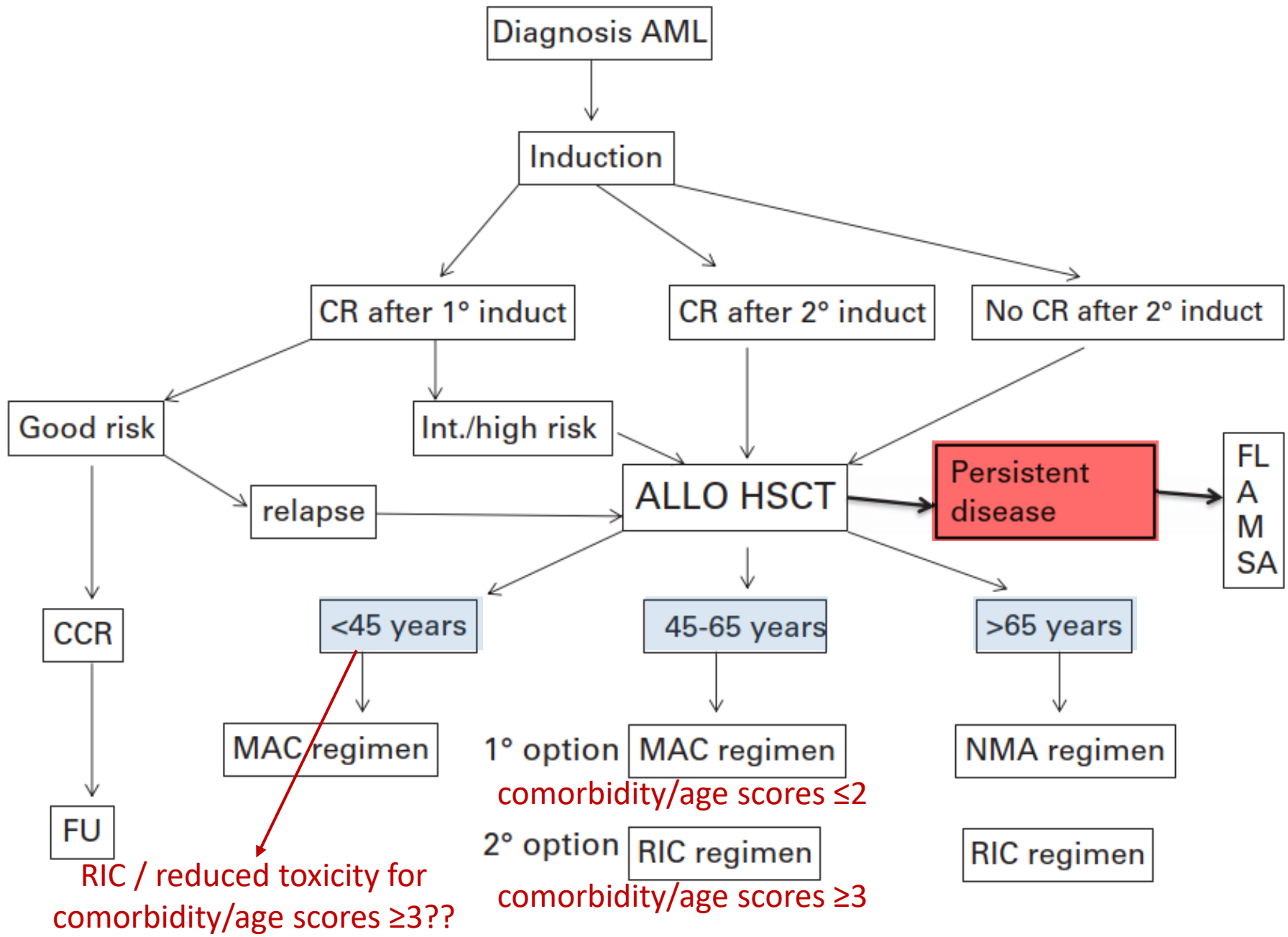
Table 1. Disease sensitivity to GVM effects

Highly sensitive	CML CLL Low-grade lymphoma Mantle cell lymphoma
Intermediate sensitivity	AML Intermediate-grade lymphoma Hodgkin's lymphoma Plasma cell myeloma
Relatively insensitive	ALL High-grade lymphoma

Abbreviation: GVM = graft versus malignancy.



- **RIC and NMA** regimens provide sufficient immunosuppression to achieve engraftment and allow GVM effects to eradicate the malignancy.
- Utilize the **least toxic regimen that can achieve the optimal therapeutic result.**
- **RIC** and NMA regimens are indicated for **diagnoses that are highly sensitive to GVM** effects.
- In diagnoses where higher-dose intensity improves eradication of malignancy, RIC regimens should be reserved for **elderly patients or those with comorbidities** who could not tolerate an ablative regimen.
- RIC highly used for **myeloma, chronic phase CML and lymphoma** patients.



RIC / reduced toxicity for comorbidity/age scores ≥3??

1° option MAC regimen comorbidity/age scores ≤2
 2° option RIC regimen comorbidity/age scores ≥3

FLAMSA-Based Reduced-Intensity Conditioning versus Myeloablative Conditioning in Younger Patients with Relapsed/Refractory Acute Myeloid Leukemia with Active Disease at the Time of Allogeneic Stem Cell Transplantation: An Analysis from the Acute Leukemia Working Party of the European Society for Blood and Marrow Transplantation

sequential regimen

Eduardo Rodríguez-Arbolí^{1,*}, Myriam Labopin², Johanna Tischer³, Arne Brecht⁴, Arnold Ganser⁵, Jürgen Finke⁶, Igor Wolfgang Blau⁷, Nicolaus Kröger⁸, Peter Kalhs⁹, Edouard Forcade¹⁰, Donald Bunjes¹¹, Alexandros Spyridonidis¹², Bipin Savani¹³, Arnon Nagler¹⁴, Mohamad Mohty²

Biol Blood Marrow Transplant 26 (2020) 2165–2173

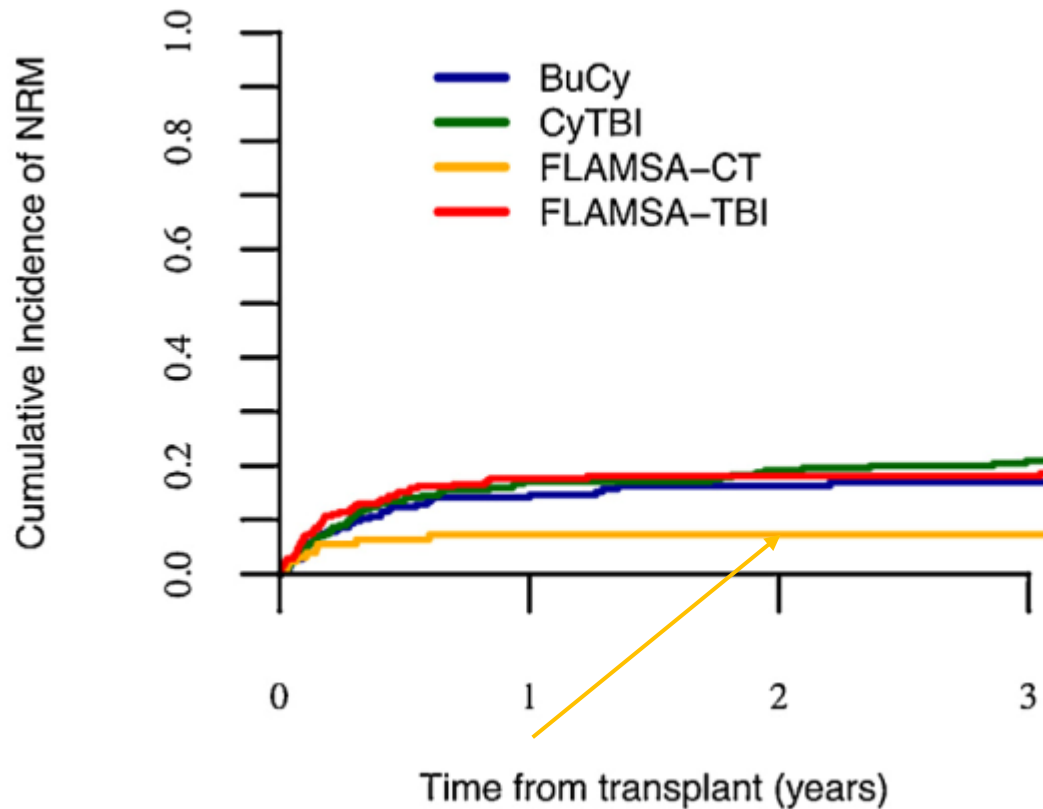
registry-based analysis:

1018 patients med age 39 y (range, 18 to 50).

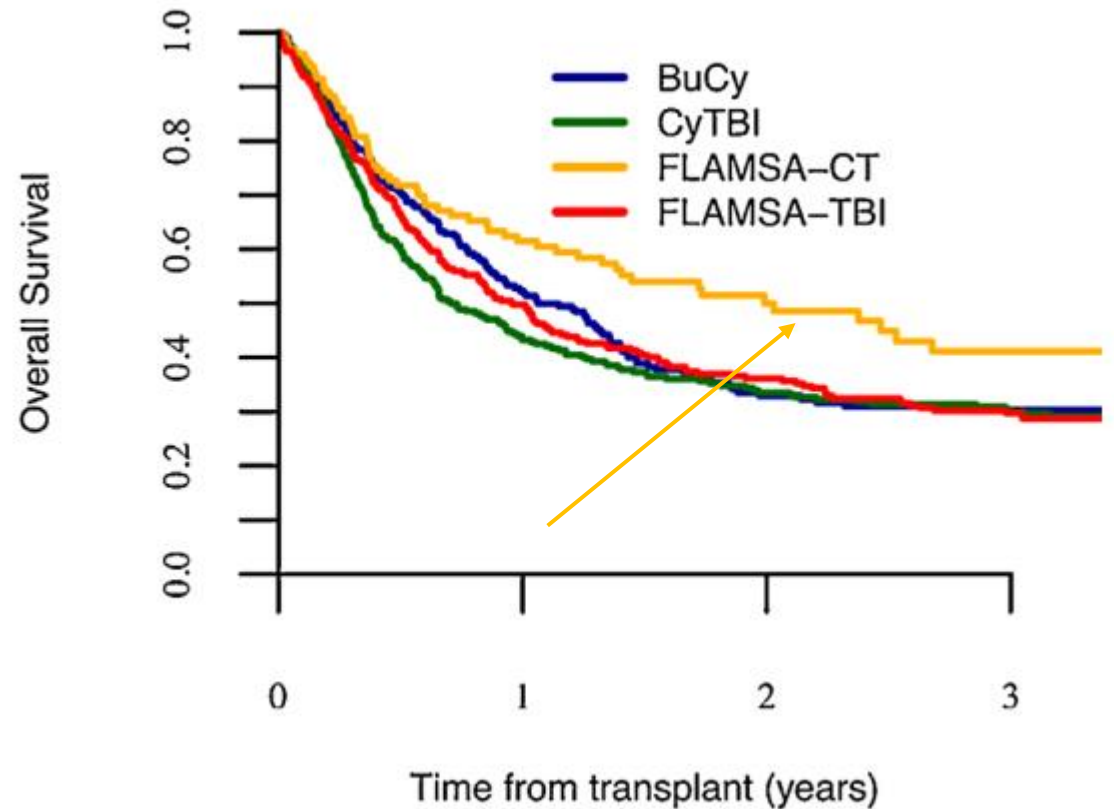
258 Bu/Cy, 314 Cy/TBI, 318 FLAMSA-TBI, 128 FLAMSA-RIC med. follow-up 50 months.

2-year relapse incidence 54% LFS 30%, GRFS 21%

were not significantly different between cohorts.



↓ 2-year NRM in the FLAMSA-RIC group 7% versus 16% in Bu/Cy, 19% in Cy/TBI, and 18% in FLAMSA-TBI;



↑ 2-year OS - 50% in FLAMSA-RIC versus 33% in Bu/Cy, 34% in Cy/TBI, and 36% in FLAMSA-TBI;

FLAMSA RIC may be a preferred conditioning regimen in patients with active R/R AML

Conditioning regimens are composed of combinations:

Myelo ablation:

High dose alkylating agents:

Busulphan, Melphalan, Treosulfan, Cyclophosphamide

High dose TBI

Immune ablation:

Purine analogs – fludarabine

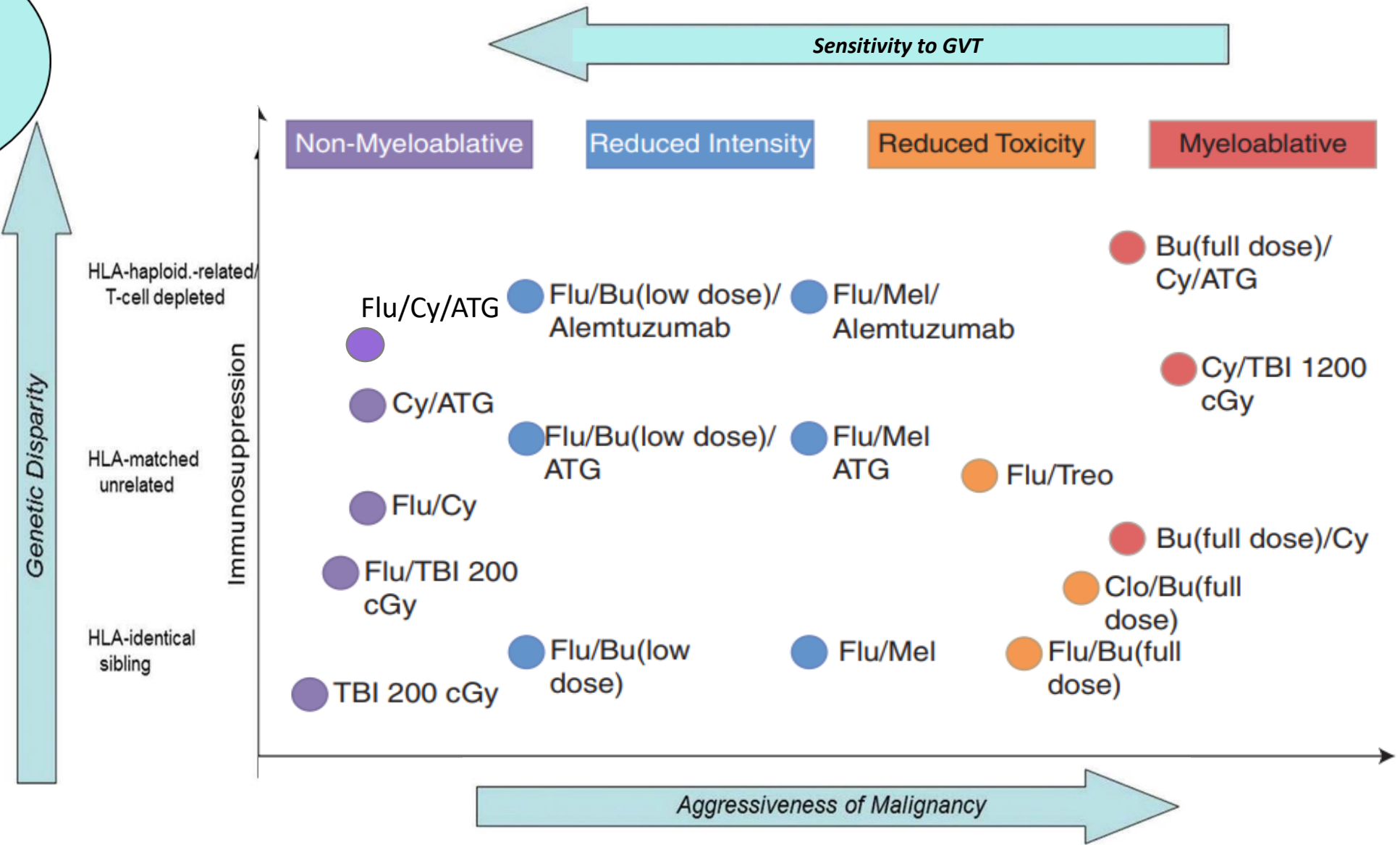
Cyclophosphamide

Lympholytic agents – alemtuzumab, rituximab, ATG – anti thymocytic globulin

Anti GVHD medications - Calcineurin inhibitors (CSA FK), low dose MTX,
mTOR inhibitor (sirolimus)

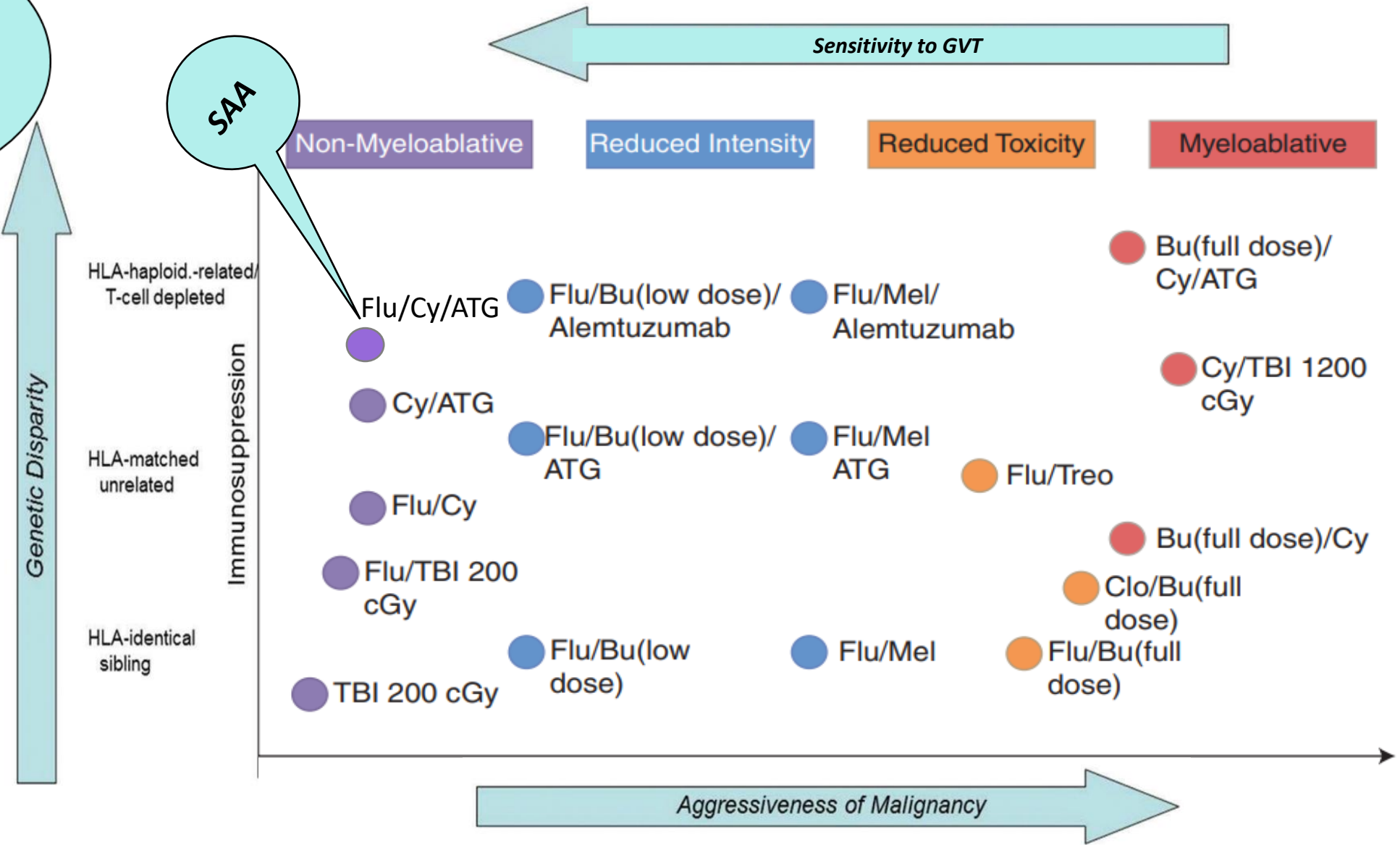
Very low dose TBI

Serotherapy:
ATG
Alemtuzumab
Rituximab
PT CY



Serotherapy:
ATG
Alemtuzumab
Rituximab
PT CY

SAA



Severe Aplastic Anemia: More patient undergo TX as 1st line

Survival after allogeneic transplantation in children is excellent
In adults, organ toxicity and graft failure were higher - ↑ morbidity & mortality

Given the rarity of SAA, there are no randomized trials that have compared transplant-conditioning regimens.

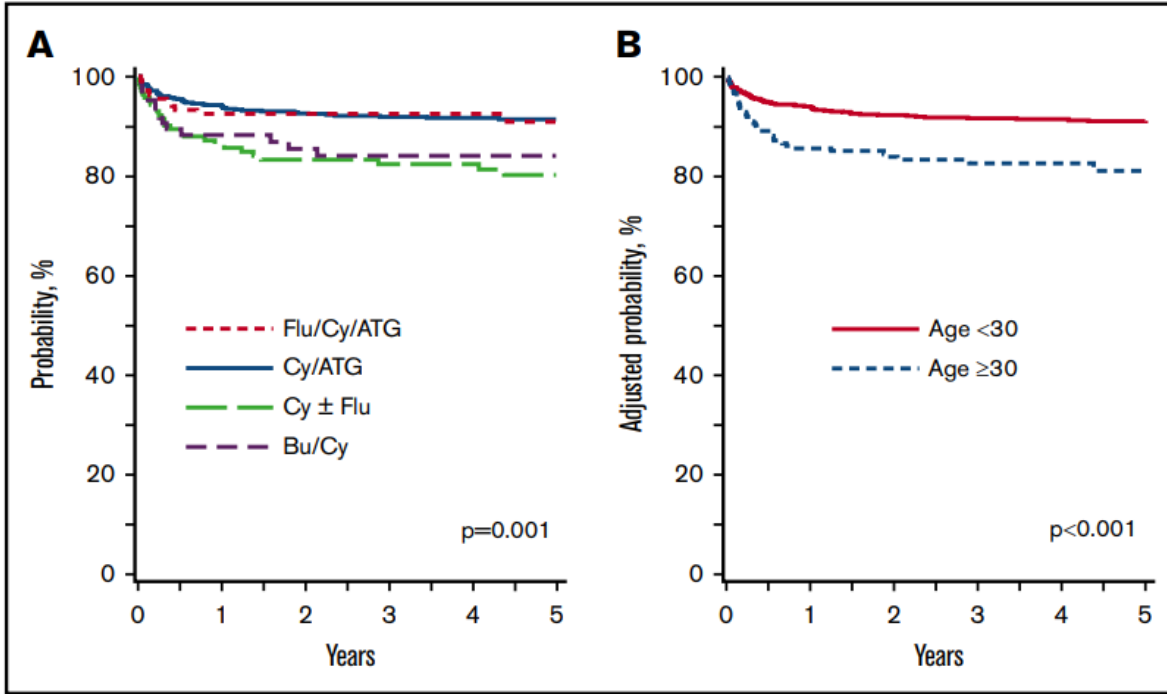
Choice of conditioning regimens for bone marrow transplantation in severe aplastic anemia

BEJANYAN et al 22 OCTOBER 2019 • VOLUME 3, NUMBER 20 

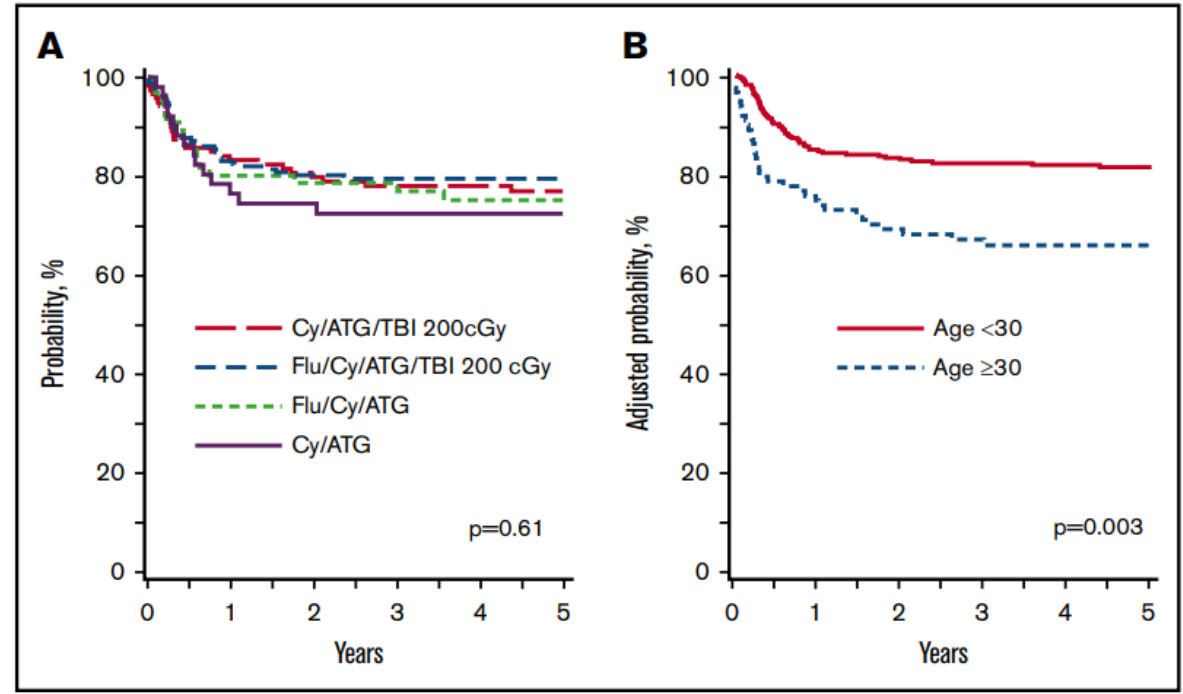
CIBMTR - Data on consecutive allo BMT (2000-2014)

MSD – N=955 MUD&MMUD – N= 409

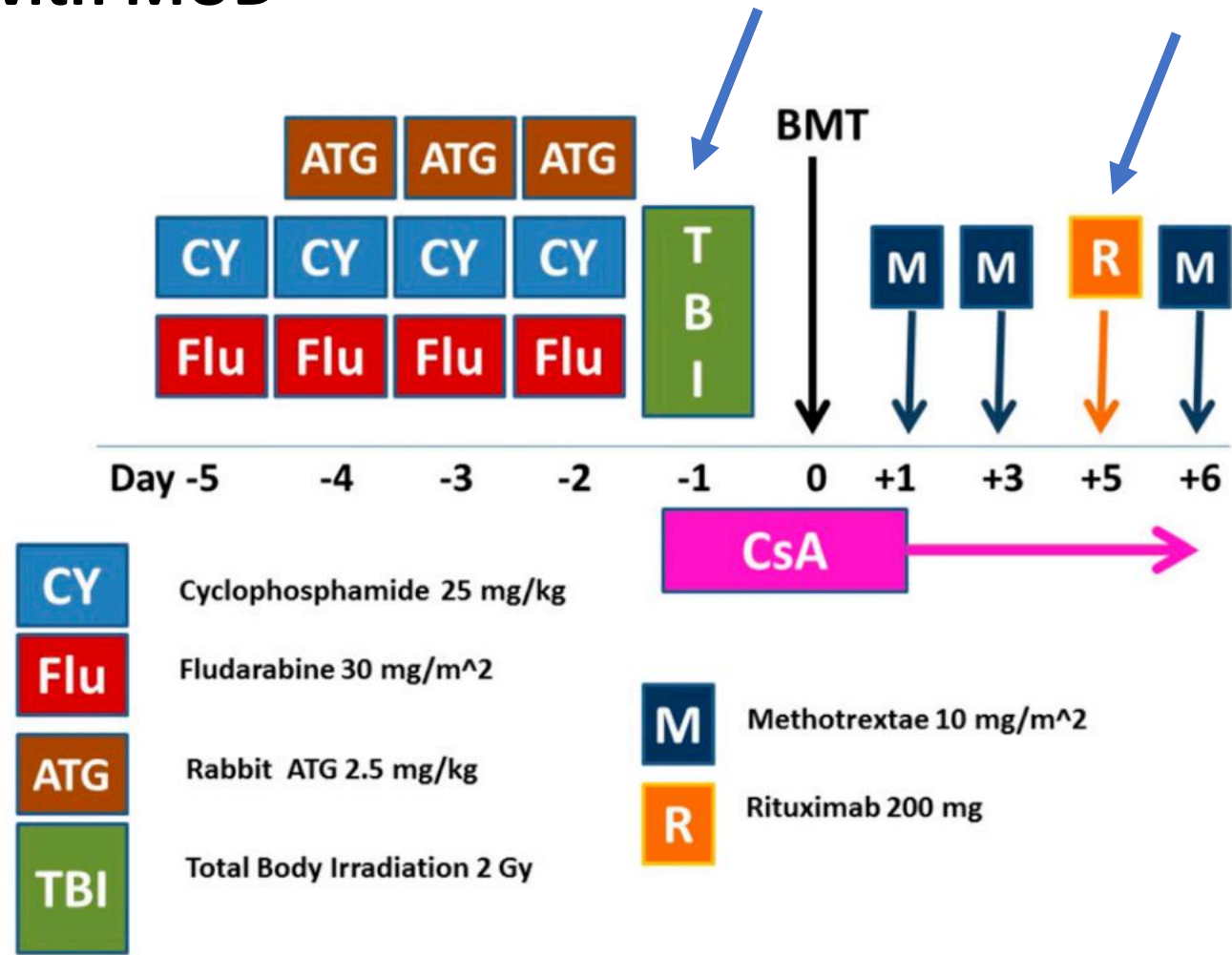
matched sibling



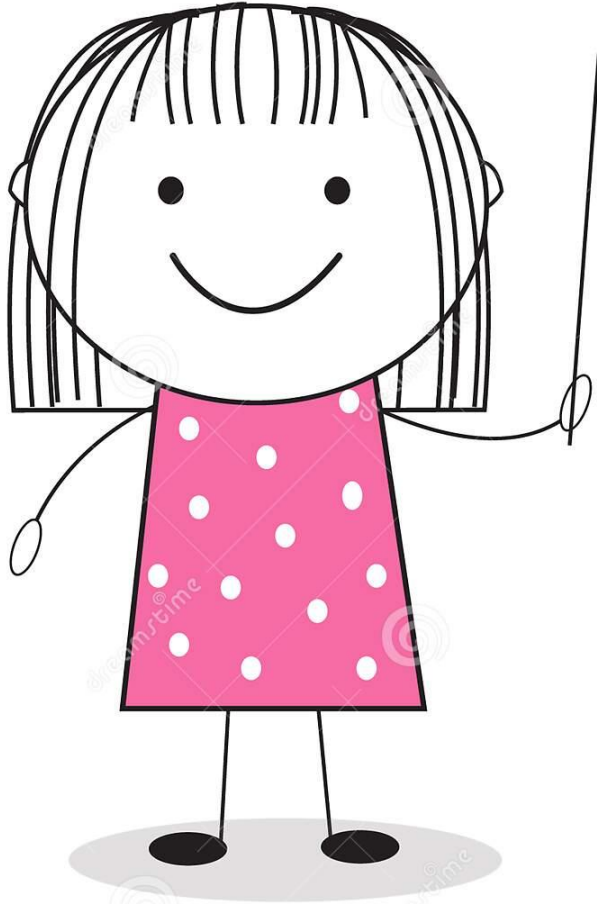
Matched & mismatched URD



Conditioning SAA with MUD



Thank You



Sigal Grisariu
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