

P0036-2025

ספרות מחייבת לבחינת סיום התמחות לשנת 2025 – אנדוקרינולוגיה

(הבחינות תתקיימנה בינואר 2026)

1. ספר לימוד : Williams Textbook of Endocrinology , מהדורה 15.
2. Clinical Guidelines של ה- American Endocrine Society (מפורסמים ב-JCEM ובאתר של American Endocrine Society)- העדכני ביותר בכל תחום.
3. 2025 Standards of Medical Care in Diabetes שהתפרסם ב-Diabetes Care בינואר 2025 ומתעדכן במהלך השנה. עידכון אחרון מחייב – 1.7.2025
4. הנחיות של האגודה האמריקאית לתירואידולוגיה בנושא הטיפול בסרטן ממוין של בלוטת התריס : 2015 American Thyroid Association Management Guidelines for Adult Patients with Thyroid Nodules and Differentiated Thyroid Cancer. The ATA Guidelines Task Force on Thyroid Nodules and Differentiated Thyroid Cancer. THYROID 26(1), 2016
5. בנוסף, ברשימה המצורפת, מספר מאמרים נוספים שבאים להשלים כמה פרקים של ספר הלימוד בהם חסר מידע משמעותי :
 1. 2023 ESE guidelines on the management of adrenal incidentaloma, European Journal of Endocrinology, 2023, 189 (1)
 2. Diagnosis and management of prolactin-secreting pituitary adenomas: a Pituitary Society international Consensus Statement. Nature Reviews Endocrinology volume 19: 722–740 (2023)
 3. Bae JH. SGLT2 Inhibitors and GLP-1 Receptor Agonists in Diabetic Kidney Disease: Evolving Evidence and Clinical Application. Diabetes Metab J 2025; 49: 386-402. <https://doi.org/10.4093/dmj.2025.0220>
 4. ATA guidelines for the diagnosis and management of thyroid disease during pregnancy and the postpartum. Thyroid. 27(3): 315-389, 2017
 5. Bhatt DL, Steg PG, Miller M, et al. Cardiovascular Risk Reduction with Icosapent Ethyl for Hypertriglyceridemia. New England Journal of Medicine. 2019; 380(1): 11-22
 6. Consensus on criteria for acromegaly diagnosis and remission. Pituitary (2024) 27: 7–22
 7. Finerenone with Empagliflozin in Chronic Kidney Disease and Type 2 Diabetes. Agarwal et al, for the CONFIDENCE Investigators. NEJM, June 5, 2025. DOI: 10.1056/NEJMoa2410659
 8. International Society for Clinical Densitometry. (2023). ISCD Official Position: <https://iscd.org/official-positions-2023/>
 9. Hyperglycemic Crises in Adults With Diabetes: A Consensus Report Diabetes Care 2024; 47: 1257–1275 | <https://doi.org/10.2337/dci24-0032>

10. The 2021 European Group on Graves' orbitopathy (EUGOGO) clinical practice guidelines for the medical management of Graves' orbitopathy. *Eur J Endocrinol.* 2021 Aug 27; 185(4): G43-G67. doi: 10.1530/EJE-21-0479. PMID: 34297684.
11. The Management of Type 1 Diabetes in Adults. A Consensus Report by the ADA and the EASD. *Diabetes Care* 2021; 44(11)
12. Husebye ES et al. Endocrine-related adverse conditions in patients receiving immune checkpoint inhibition: an ESE clinical practice guideline. *Eur J endocrinology*; 2022; 187(6).
13. Cushing Syndrome. A Review. Martin Reincke; *JAMA.* 2023; 330(2): 170-181
14. Multiple endocrine neoplasia type 1 (MEN1): recommendations and guidelines for best practice. *Lancet Diabetes Endocrinol.* 2025 .Aug; 13(8): 699-721. doi: 10.1016/S2213-8587(25)00119-6.
15. Functional Hypothalamic Amenorrhea: An Endocrine Society Clinical Practice Guideline. *JCEM* 102 (5): 1 May 2017, Pages 1413–1439
16. Hembree, et al (2017). Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline. *JCEM*, 102(11), 3869–3903
17. Congenital Adrenal Hyperplasia Due to Steroid 21-Hydroxylase Deficiency: An Endocrine Society Clinical Practice Guideline. *J Clin Endocrinol Metab.* 2018 Nov 1; 103(11): 4043-4088.
18. Subtypes of Type 2 Diabetes Determined From Clinical Parameters. *Diabetes.* 2020, Oct; 69(10): 2086-2093. doi: 10.2337/dbi20-0001. Epub 2020 Aug 25.
19. European Society of Endocrinology Clinical Practice Guidelines on the management of adrenocortical carcinoma in adults, in collaboration with the European Network for the Study of Adrenal Tumors. *Eur J Endocrinol.* 2018 Oct 1; 179(4): G1-G46.
20. Pituitary incidentaloma: a Pituitary Society international consensus guideline statement, *Nature Reviews Endocrinology* (2025). 24 June 2025
21. Consensus on diagnosis and management of Cushing's disease: a guideline update. *Lancet Diabetes Endocrinol.* 2021 Dec; 9(12): 847-875
22. The Evolution of Insulin and How it Informs Therapy and Treatment Choices. *Endocr Rev.* 2020 Oct 1; 41(5): 733–55. doi: 10.1210/endrev/bnaa015. PMID: 32396624
23. AMERICAN ASSOCIATION OF CLINICAL ENDOCRINOLOGISTS/AMERICAN COLLEGE OF ENDOCRINOLOGY CLINICAL PRACTICE GUIDELINES FOR THE DIAGNOSIS AND TREATMENT OF POSTMENOPAUSAL OSTEOPOROSIS- 2020 UPDATE EXECUTIVE SUMMARY. *Endocr Pract.* 2020; 26(5): 564-570. doi: 10.4158/GL-2020-0524
24. ESE and ES joint clinical guideline: diagnosis and therapy of glucocorticoid-induced adrenal insufficiency. *Eur J Endocrinol.* 2024 May 2; 190(5): G25-G51. doi: 10.1093/ejendo/lvae029.